



2018 REPORT TO COMMUNITY

Charitable Foundation of Canadian Federation of University Women, Sherbrooke & District

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Co-Presidents' Letter to Stakeholders

ABOUT US

LAMPE Foundation, founded in 1993, is a community-based, volunteer-managed, not-for-profit organization. It is dedicated to supporting students who have demonstrated their ability to serve their communities as leaders and/or who are training to become bilingual health professionals and who choose to build careers and serve the communities of the Townships. The Foundation is governed by an independent board of directors.

OUR MISSION

We are dedicated to encouraging women and men from the Eastern Townships and across Canada to continue their education in order to improve their own lives and the wellbeing of the Townships community. We offer financial and mentoring support to students who have demonstrated their ability to become leaders in their community, and to those who are training to become health care professionals in the Townships.

Dear Stakeholders,

Five years ago, Eleni Galanis, physician epidemiologist in British Columbia reminisced that winning the Lampe Foundation Champlain Science prize in 1991 "was not about the money so much as the recognition that a group of knowledgeable women felt my achievements were noteworthy." In 2018, it is time to pay tribute to these visionary women. The Lampe Foundation is celebrating its 25th anniversary. Officially incorporated in 1993 thanks to the encouragement of former CFUW Sherbrooke & District president, Eileen Healy and the efforts of former president Norma Siddiqui, Wendy King registered the foundation with Revenue Canada and Revenu Québec.

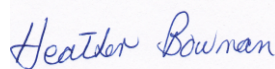
Long before 1993, CFUW members started putting aside monies for prizes in education. Claire Heilig, club treasurer for 22 years until 1996, conscientiously saved money for small awards. CFUW members held book fairs and theatre evenings in the '70's and '80's to raise funds to enable students to continue learning. In 1976, the Daphne Codere French prizes for high school students were first awarded. During the same year, the first Eileen Healy Prize for Leadership was given to a woman from Bishop's University continuing post-graduate studies.

From the beginning, the Lampe Foundation has awarded scholarships and bursaries to young women and men at several levels of education from high school to university. In 1993, four awards were given out valued at just over \$1000; in 2018, forty awards were handed out valued at \$39,000. More than half of the forty awards were in the health sector largely thanks to the generous donation from the Sherbrooke Hospital Foundation in 2008.

The 100-strong members of CFUW Sherbrooke & District are the greatest supporters and donors of the Lampe Foundation. In recent years, members Marlis Wehr, Helen Armstrong and Roberta Cameron endowed scholarships. Several members collaborated on producing a best-seller, *The One Room Schoolhouses of the Eastern Townships*. The proceeds have endowed a major scholarship for education students.

The list of CFUW visionary women who have made major contributions to the success of their charitable foundation is lengthy. In the 25th year of the Lampe Foundation, they continue to feel a great sense of pride and derive immense satisfaction as they award the noteworthy students of the Eastern Townships.

We hope that you enjoy reading our 2018 Report to Community. A special thank you to all our scholarship winners, our donors, and our community and institutional leaders who are our partners in helping the Lampe Foundation build relationships that endure a lifetime.



Co-President



Co-President

Making a Difference in Their Community

A Conversation with Janice Vaudry Carey – 1984 Eileen Healy Award Recipient



Janice Vaudry Carey is a Lennoxville native who graduated from Alexander Galt Regional High School, Champlain College Lennoxville and Bishop's University. She won the CFUW S & D's Eileen Healy Leadership Award in 1984. Janice earned her B.A. in Honours History at Bishop's University, an M.A. in History at McGill, a Post Graduate Certificate in Education at the University of London (England) and a Diploma in Education at Bishop's University. Janice is currently teaching English at Bishop's College School, she and husband Bob Carey enjoy their home in Lennoxville and are the proud parents of daughter Hannah, who is pursuing her masters in Natural Resource Management at the University of Manitoba.

LF: How did your education in Sherbrooke prepare you for your career? Are your early studies at all related to your career?

JC: My studies at Champlain and Bishop's helped me in my career because of the great teachers and professors I had at both institutions. They also helped to connect me to the history of the area, in particular, Dr. Robin Burns.

LF: What are the future prospects like in your field? What trends do you see developing over the next few years?

JC: I see more integration of technology in the classroom, which can be a mixed blessing. The key will be to make sure that the students know how to use technology beyond just being able to play games or use it as a glorified typewriter.

LF: Who are the people who usually excel in your field or position? What personal qualities do you think are needed to succeed? Qualities for a teacher?

JC: I think that the great teachers I have seen and met over the years have all had a passion for their students as well as for the subject which they teach.

LF: *What kind of supervision/mentoring did you have when you were starting out?*

JC: When I was starting out, I was fortunate to be part of a great department at BCS. I had teachers and colleagues to whom I could turn to ask for help and advice. They were, and are, always willing to help out.

LF: *What kind of mentoring do you have currently?*

JC: Currently I see mentoring as a circle. I learn from those who have more experience as well as those who are new teachers. I have something to pass on to each of them as well. It is not a hierarchy or a ladder, but a circle of experience.

LF: *What advice would you like to have heard when you were starting out?*

JC: I may have heard this, I can't remember, but this is something that I pass on – don't try to reinvent the wheel!

LF: *Do you have any recommendations for students with regard to useful courses to take or extracurricular activities to be involved with?*

JC: I would suggest that students in whatever discipline they are, look beyond the narrow field of their academics and try to get involved in a variety of activities and interests. You never know what may lead to something else, or what may help you to make a connection with a student or contribute more fully to your school.

LF: *Apart from the Lampe awards, how can the Lampe Foundation and CFUW S&D encourage young women to go into education?*

JC: I think that we need to be encouraging students from a young age to pursue education and not necessarily traditional education paths. Career days at elementary and junior high levels are important too – not just at the senior high level.

LF: *What was your most memorable experience?*

JC: I have a couple of memorable experiences. They each have something in common which is that they gave me greater insight into my students. I can remember when I was student teaching across the border in Newport and my host teacher sharing with me the poverty that some of the students were living in. That opened my eyes and reinforced the idea that we never know what each of our students brings to the classroom in terms of life experiences, both negative and positive. Another experience was more recent. For Remembrance Day, I often bring in a scrapbook which my mother had made to honour her brother who was killed overseas during WWII. This time, my students started sharing stories that they had of their grandparents or great-grandparents' war experiences. The striking thing

was that they represented many aspects of the war – German, Jewish, Canadian. We were sharing a moment which connected us not just to each other and the past, but also to the literature we were studying.

LF: *What do you like best about your job?*

JC: One of the best things is when I see the proverbial “lightbulb” go on for a student. I have done or said something which resonates with them and helps them to understand the text, themselves, or the world in a different way.

LF: *What do you like least?*

JC: I don’t enjoy marking assessments because I think that too often they send the wrong message to students. Students are often very marks oriented and don’t necessarily check for feedback or to reflect on what they have learned. That is what I find least rewarding – when the students look at the number on the page instead of the comments.

LF: *What professional organizations do you belong to?*

JC: I belong to the National Council of Teachers of English, (NCTE) which is an American organization. Their annual conferences are amazing! I also ‘belong’ to a Facebook group which is for IB (International Baccalaureate) English teachers. These teachers are located everywhere around the world and their help and experience is invaluable.

LF: *How important is networking to you?*

JC: Networking, in the sense of collaboration is very important to me. This links into the idea that mentoring is circular and that we need to learn from others and pass that on whenever and wherever we can.

Making a Difference in Their Community (cont'd)

Janice Vaudry Carey – 1984 Eileen Healy Prize winner teaches English at **Bishop's College School**, Lennoxville, QC.

Sharon Runions - 1987 Eileen Healy Prize winner is a **Clinical Nurse Specialist, Regional Inpatient Stroke Prevention Clinic, North & East GTA Stroke Network at Sunnybrook Health Sciences Centre**.

Katherine Hamilton – 1988 Eileen Healy Prize winner is **Assistant Professor, Chemistry at Acadia University**.

Eleni Galanis - 1991 Champlain College Science Award is a **Physician Epidemiologist, BCCDC and Assistant Professor, School of Population & Public Health, UBC**.

Norma Husk – 1997 Eileen Healy Prize winner is a **professor at Bishop's University**, Lennoxville, QC.

Erin Toole – 1998 Eileen Healy Prize winner is **Associate General Counsel with the Financial and Consumer Services Commission of New Brunswick** in Saint John.

Amy Kierstead - 2000 Eileen Healy Prize winner is a **professor of Organic Chemistry at the University of New England**.

Jessica Cady - 2002 Champlain College Science Award winner is a **veterinarian at Ottawa-Carleton Veterinary Hospital**.

Kerri Gibson – 2004 Eileen Healy award winner received her PhD in Clinical Psychology from the University of New Brunswick. Currently, she works for Child and Adolescent Services in Inverness County, Cape Breton, Nova Scotia. She has just opened a part-time private practice in Cheticamp, Cape Breton, N.S.

Emilie Pelchat – 2004 Marlis & Sigrid Wehr award winner is in her second year studying Medicine at the Université de Sherbrooke.

Heather Dezan – 2005 Eileen Healy award winner is currently living and working in Winnipeg, MB. Heather graduated from Bishop's University in Business with a major in Human Resources. After completing a Master of Sciences in Organizational Behaviour at Queen's University, Heather moved to Winnipeg about 7 years ago where she is currently **Human Resources Director for Investor's Group** for Eastern Canada.

Cora Loomis - 2006 Diana & Jan Kuilman Memorial and Champlain Science awards winner is a **Nutritionist and works in Health Services at Bishop's University**.

Sara Limpert – 2006 Eileen Healy Prize winner is **Quality Program Implementation Officer at the Nova Scotia Department of Health & Wellness**, Halifax, NS.

Jenny Davis – 2009 Sherbrooke Hospital Foundation Award in Health Assistance and Nursing Care is working as an LPN at the CLSC Deux Rives on King St. Est in Sherbrooke. She does triage and performs minor surgeries and personal clinics.

Vannessa de Serre – 2010-2012 Sherbrooke Hospital Foundation Donna Draper Award winner is working as Head Nurse at Charles LeMoyne Hospital.

Lynda Goyette – 2010 Sherbrooke Hospital VTC award winner works at **La Maison Aube-Lumière**.

Claire Holt – 2010 Eileen Healy Prize winner is **Executive Search Coordinator at Knightsbridge Robertson Surette** in Halifax, NS.

Anum Ali – 2011 recipient of the Champlain Science Award is now a **clinical development Associate Manager at AstriaZenica**.

Caroline Fauteux – 2011, 2013, 2018 and 2018 Lampe SHF award winner will graduate as a Nurse Practitioner from Université de Sherbrooke in May 2019.

Samantha Juraschka – 2011 Eileen Healy award winner serves as **Chief Operating Officer of EDO Mobile Health Inc.** provides MobiCare, which helps to manage and coordinate the tasks and caregiving responsibilities in a private network.

Meaghan Barlow – 2012 Eileen Healy Award winner is now working on her Ph.D. at Concordia University. She continues her research on aging and loneliness.

Samantha Brooks – 2012 Lampe and Tillotson VTC award winner, is giving back to her community. At the Tillotson Coaticook Regional Fund Presentation evening, she received a grant to develop a soccer league in Lennoxville for the summer of 2014. She has lots of interest and great help from her husband. Currently, Samantha is working for the **Sherbrooke CLSC home care** program.

Alexia Colombe-Lévêque -2012 Lampe Foundation Champlain Science award winner is studying **Neuroscience at McGill University** and is training a Mira dog to be a companion for the visually impaired and autistic children.

Sarah Fournier - 2012 Marlis & Sigrid Wehr mature student award winner is studying **Liberal Arts at Bishop's University**.

Brooke Latulippe – 2012 Sherbrooke Hospital Foundation Scholarship award winner graduated from McGill University. She has been accepted to the Nurse Practitioner Master's Program at the University of Manitoba in September 2018.

Alyson Wener (Alyson Leah – as she is known professionally) - winner of the first Helen F. Armstrong Award in 2012 is an actress in Montreal. Alyson is a **Montreal-theatre, film and voice actor**.

Susan Magwood – 2013 Marlis & Sigrid Wehr Mature Student Award winner is the **Administrative Athletic Assistant at Bishop's College School**.

Karen Painter – 2013 One Room Schoolhouse Award winner is an **early intervention and resource teacher at Lennoxville Elementary School.**

Emily Prangley Desormeaux – 2013 Eileen Healy Award is working as the **Community Outreach Coordinator** at Townshippers Association.

Trisha Thomas – 2013 VTC Machining and Welder award winner is working as a **welder at Pro Par.**

Vicky Fyfe – 2013 École de Réadaptation Award winner has a successful **physiotherapy practice in Magog and Ayer's Cliff.** She has received many accolades for her work at the Centre de Santé de la Vallée Massawippi in Ayer's Cliff.

Erica Zucker – 2014 Eileen Healy Prize winner was awarded a community service award from the Golden Key International Honor Society.

Cheryl Brus Peterson – 2012-2018 Lampe-Tillotson Physician Award is midway through her residency in Family Medicine. She plans to remain in the Townships.

Daphnée Carrier – 2015-2018 Donna Draper Scholarship winner is enrolled in the Bachelor of Nursing program at Université de Sherbrooke and is working at CIUSS Estrie as a nurse.

Kohl Kelso – 2015 winner of One Room School House Award is a **Grade 4 teacher for the Cree School Board.**

Eric Bordeleau – 2016-2018 Lampe/Tillotson Physician Scholarship winner will begin his residency in Family Medicine in Sherbrooke beginning July 1, 2019.

Kristen Branigan – 2016 Eileen Healy Prize winner is an **elementary substitute teacher at Lester B. Pearson School Board.**

Jessica Everett – 2016 winner of the One Room Schoolhouse Award is teaching a cycle two class at Pope Memorial Elementary School in Bury, QC.

Natalie Demmon – 2017 winner of the Helen F. Armstrong Award is a **technician at The Segal Centre for Performing Arts** in Montreal.

Kathleen Weary – 2017 CFUW Commemorative Award winner will be doing an **Internship at the United Nations in New York** this summer. She is presently a student at the University of Ottawa.

Our Scholars 2018

Award recipients are selected by the Lampe Selection Committee or by one of the Eastern Townships educational institutions. The Lampe Selection Committee is comprised of five members who use a confidential and objective process to select each winner. The award recipients are as follows:

Award	Award Recipient (s)
Daphne & Lorraine Codere Awards, Alexander Galt Regional High School	Junior – Adrienne Passmore Senior – Kaylee Deadman
Marlis Wehr History Prize	Matthew Pye & Michael Pye
CFUW Leadership - Richmond Regional Regional High School	Gabrielle Bourbeau
CFUW Leadership - Massey Vanier High School	Krystèle Fontaine
CFUW Leadership - Andrew S. Johnson Memorial High School	André Jacques
CFUW Leadership – Alexander Galt Regional High School	Enrick Jutras-Plante
Lennoxville Vocational Centre (VTC)	
<ul style="list-style-type: none"> Sherbrooke Hospital Foundation (SHF) Health Award 	Vanessa Paxton Rachel Robillard Jessica McMorine
Lampe-Tillotson (VTC)	Krystel Patterson Chela Delafontaine
Lampe-Tillotson (Champlain Nursing)	Angelica Chenard
Champlain College Science	Grace McLean
SHF Health Awards	Savio Habash Caroline Fauteux Marie Soleil Larouche Sarah Pankovitch Samuel Cardin Mirana Fleurmont-Pierre Sheena-Lee Lemaire Ashley Symes
Donna Draper Award – SHF	Daphnée Carrier Maureen Enakhume Rachel Michaud Stefani Taylor Olivia Nutbrown

Awards	Award Recipient(s)
Eileen Healy Leadership Prize – Bishop’s University	Evelyne Verrette
One Room Schoolhouse – Bishop’s University	Not awarded
North Hatley Village Improvement Society	Amber-Lee Clifford-Williams
Diana & Jan Kuilman Memorial	Marianne Doyon
Lampe-Phelps Helps	Alesha Grimes Katrina Boudreau Marissa Fauteux
Helen F. M. Armstrong in Fine Arts	Sophie Brubacker
Dr. Roberta Cameron Aboriginal Awards	Danielle Robertson Shawna Chatterton Jerome Shania Chatterton Jerome
Marlis & Sigrid Wehr Mature Student	Annie Gagné
CFUW Prize for Leadership – Richmond Regional	Gabrielle Bourbeau
Lampe-U de S École de Réadaptation	Émilie Vachon Vicky Savard Marie-Andrée Dufour
Lampe-Tillotson Prix de Médecin/Physician’s Award	Eric Bordeleau
CFUW Sherbrooke & District/Lampe Commemorative Award	Kathleen Weary Emily Young

Helen F. M. Armstrong Award in Fine Arts



N. Demmon & S. Brubacker

Marlis & Sigrid Wehr Award



J. Angrave & A. Gagne

Our Scholars 2018 (cont'd)

Dr. Roberta Cameron Aboriginal Awards



L to R: D. Robertson, H. Bowman, S. Chatterton Jerome

Donna Draper Award



L to R: R. Michaud, Dr. K. Kouri, O. Nutbrown

Lampe/École de Réadaptation



L to R: Dr. M. Tousignant, É. Vachon

Diana & Jan Kuilman Memorial



L to R: C. Mooney, M. Doyon

Our Mentors

One of the ways the Lampe Foundation provides educational support for students and graduates is through its mentorship programme. We offer award winners, present and past, the opportunity to be matched with a mentor, a person who can help them and guide them in the attainment of their career goals.

Members of the Mentoring Committee include Wendy Durrant (Chair), Esther Barnett (Secretary), Joanne Craig, Mary-Ellen Kirby and Courtney Roy (student).

The benefits of having a mentor include:

- Networking contacts
- Tips on developing a professional image
- The opportunity to clarify career goals
- Knowledge concerning business ethics and etiquette
- Enhancement of employability
- Exposure to the workplace

The benefits of the relationship to the mentor include:

- A fulfilling way to help someone who is just starting out in their chosen profession.
- A way to give back as a bright new person embarks on the path the mentor might know something about.
- A meaningful opportunity to share their experience and knowledge gained over many years.

We have twenty-one mentors in various fields such as business, drama, education, health care, music and welding. In the past we have had eight matches and are projecting more in the spring.

Our continuing match is between Caroline Fauteux and R.N. Sandra Spaulding Klinck. Caroline, a nurse clinician, is currently enrolled in the Maîtrise en sciences infirmières, infirmière praticienne en soins de première ligne at Université de Sherbrooke. Sandy and Caroline continue to communicate through Facebook and in person.



Krystyna Kouri is Director of Nursing at Champlain College, Lennoxville. She is a mentor for the Donna Draper Award recipients.

Allison Connelly is a mentor for Education. She received her degree from MacDonald College and has taught in elementary schools in Montreal, Rawdon, and Lennoxville. Allison is an active participant in community affairs.



Maryse Simard is a mentor for Music. She studied at Université St. Paul, Université d'Ottawa, École Vincent d'Indy and Bishop's University. Maryse is currently Organist and Choir Director at Bishop's College School as well as Music Director, Choir Director and Organist at Lennoxville United Church. In addition, she volunteers to play piano and organ for many organizations. Many young musicians have benefitted from her coaching and mentoring.



Gabrielle Newman is a mentor for Education. She obtained her M.Ed. from Bishop's University and various certificates from McGill University. She taught in North Hatley and Magog and retired in 2011.



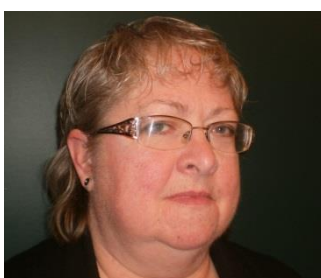
Sandra Klinck (centre) is a mentor for Nursing. She is the Director of Care at Grace Village and teaches at the Nursing Programme at Champlain College, Lennoxville.

New Members of Mentoring Committee



Courtney Roy is in her second year of a double major in Secondary Education and Drama at Bishop's University. She is originally from Gatineau, Quebec. Courtney is involved in the Bishop's community, partaking in the New Plays and Theatre Activ festivals over the years as an actor, playwright and lighting designer. Most recently she played the role of Rachel in Bishop's University's production of *7 Stories*. This summer will mark Courtney's third year working as a guide for the Bytown Museum, Ottawa where she gives tours on the city's history and helps plan a large fireworks event. Courtney aspires to be a special education teacher while continuing to be an active member in the theatre community, along with

writing poetry.



Mary-Ellen Kirby is the mother of 4, grandmother of 8, sheep farmer, passionate gardener, ETSB commissioner for Ward 11 (Sawyerville, Cookshire, Bury area) for past 5 years. Mary Ellen loves to do workshops/presentations on aspects of agriculture especially for children. She is also a scrapbooker, folk art painter, crafter and enjoys being generally involved in her community.

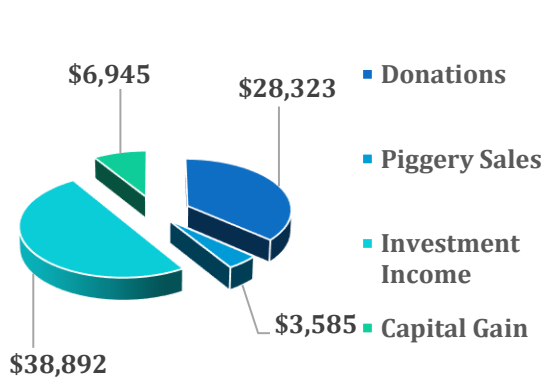
Our Financial Summary

Since its founding in 1993, the Lampe Foundation has increased its asset base from less than \$20,000 to \$775,131. The assets provide the Foundation with the necessary reserves to offer a minimum of 25 awards and enable Lampe to provide the ongoing funding to our scholars holding renewable scholarships and bursaries.

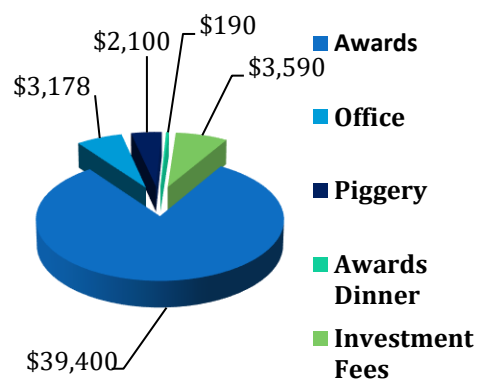
The following is a summary of our financial statements for the year ending December 31, 2018. Statements are available at www.lampefoundation.org.

	December 31 st 2018 \$	December 31 st 2017 \$
Assets		
Cash	16,219.28	14,179.28
Investments	758,912.03	731,664.71
	<u>775,131.31</u>	<u>745,843.99</u>
Capital	<u>775,131.31</u>	<u>745,843.99</u>

Revenue 2018



Expenses 2018



All contributions, large and small, help to advance our mission. The Lampe Foundation thanks the following individuals for their support. This report gratefully acknowledges those who have made a donation between January 1, 2018 and December 31, 2018.

B. Allatt	A. Gagné	G. Richards
J. Angrave	A. Genn	B. Riley
C. Anto	K. Hickey	E. Robinson
W. Baldwin	J. Hopps	R. Robinson
E. Barnett	C. Jones	M.L. Ross
R. Belanger	J. Keeley	L. Ryan
C. Bevan	K. Kouri	E. Saanum
P. Bibeau	M. Labbé	E. Schoolcraft
J. Boeckh	S. Labbé	S. Slater
H. Bowman	L. Labrecque	D. St. Vincent
L. Brissonnet	P. Lemieux	B. Taber Smith
B. Brown	B. Lepine	N. Taylor
W.S. Butler	J. Loiselle	M. Trousdell
K. Button	S. MacLean	M. Trower
L. Chacra	F. Macleod	R. Turmel
E. Cope	C. Maxwell	B. Verity
J. Cowan Weber	S. McConnachie	Y. Voisard
J. Craig	G. McGurk	J. Warren
S. Cummings	J. McNeil	J. Watson
J. den Hertog	C.A. Milne	M. Woollerton
E. Derry	O. Moliner	CFUW, Sherbrooke & District
K. Dezan	C. Mooney	CFUW Bridge Group
P. & D. Duncan	S. Nault	CFUW Fun with Cooking
J. Dunlop	L. Nightingale	CFUW New Leaf Book Group
W. Durrant	A. Patural	CFUW Walking Friends
A. Ernstrom	D. Prah	Fidelity
D. Frappied	L. Reula Sheard	Manulife of Canada
S. Gagliardi	M. Rhodes	Quebec Farmers Association

And to the many supporters of the Piggery Theatre Night and CFUW, Sherbrooke & District 2018 Summer Market Silent Auction and Book Sale.

The Lampe Foundation also gratefully acknowledges the financial support of our partners who help make a number of our awards possible.

- CFUW, Sherbrooke & District
- North Hatley Village Improvement
- Phelps Helps
- Sherbrooke Hospital Foundation
- Tillotson Coaticook Regional Fund
- Université de Sherbrooke, Faculty of Medicine & Health Sciences

2018 Winners



Front Row (L-R) S-L Lemaire, M. Fleurimont-Pierre, E. Verrette. E. Vachon, L. Plamondon
Back Row (L-R) M. Doyon, E. Bordeleau, G. McLean, R. Michaud, O. Nutbrown

Our Volunteers

Volunteers are the heart and soul of the Lampe Foundation. From its beginning, the Lampe Foundation has relied on a cadre of volunteers to provide direction, strategy, selection, mentoring, marketing and promotion as well as a variety of administrative duties. The ability of people to work willingly together for the betterment of their community is truly a priceless resource. Had our volunteers been paid according to their skills, their hours, if billed, would be in excess of \$75,000.

Esther Barnett
 Heather Bowman
 Allison Connelly
 Joanne Craig
 Wendy Durrant
 Sera Gagliardi
 Randi Heatherington
 Judy Hopps

Mary Ellen Kirby
 Sandra Klinck
 Krystyna Kouri
 Sandra Klinck
 Mary Labbé
 Sue Meesen
 Carol Mooney
 Gabrielle Newman

Karen Painter
 Mary Rhodes
 Joe Ruscigno
 Bev Taber Smith
 Maryse Simard
 Rosemary Turmel
 Yvette Voisard

A special thanks to all the members of the CFUW, Sherbrooke & District who made the 2018 Summer Market Silent Auction a success.

Champlain Science

Sherbrooke Hospital Ladies Auxiliary Health Award



L to R: S. Meesen, G. McLean



L to R: J. Bishop, L. Plamondon

Our Governors

Board of Directors

Dian Cohen, C.M., O.M., Honorary President

Dian is a Corporate Director, Founding organizer of Centre de Santé de la Vallée Massawippi. In 2018, Dian retired from the Board and was named Honorary President in recognition of her invaluable contribution to the Foundation.

Heather Bowman, Co-President

Heather has been involved in the Health Care system for over 40 years. She has been President of Townshippers' Association and of CFUW, Sherbrooke & District.

Carol Mooney, Co-President

Carol has been an educator in the Eastern Townships for thirty years in a variety of roles and levels – elementary, high school, university and international.

Mary Labbé, Treasurer

Mary has been Treasurer of Lampe since 2009. After a successful career in Human Resources management in the Montreal area, Mary has returned to her hometown of Ayer's Cliff and now enjoys adventure travel and golfing.

Yvette Voisard, Secretary

A Science teacher for 28 years and President of the Eastern Townships Teachers' Association for 5 years, Yvette is an avid Zumba participant and goes to the gym three times a week. She has held the post of Secretary of Lampe since 2009.

Foundation Review Council

Esther Barnett – After teaching at both elementary and high school level, Esther served as a Commissioner for the Eastern Townships School Board. She also worked in the Advancement Office, Bishop's University for 22 years.

Heather Bowman – Heather was Director of the CSSS-IUGS Foundation and is committed to the community as a volunteer. Director of Townshippers' Association Board of Directors, Involved with Regional Table for services to the elderly, interested in politics and the arts. She has volunteered with Lampe since 2009.

Wendy Durrant – A member of the Corporation of Professional Librarians of Quebec since 1972, Wendy retired from Bishop’s University Librarian duties in 2004. Wendy is on the Board of the Lennoxville Ascot Historical and Museum Society and has been Chair of the Lampe Mentoring Committee since 2009.

Randi Heatherington – Randi is professor of Special Care Counselling and Advisor for Aboriginal Services at Champlain College Lennoxville. She is an active member of several Administrative Boards including Carrefour Jeunesse Emplois du Haut St. François, St. Paul’s Rest Home of Bury and the Lampe Foundation. Randi’s hobbies include wildlife photography and painting with watercolor.

Judy Hopps – Judy brings more than 30 years of experience in the field of philanthropy working with a variety of non-profit organizations in institutional advancement, major gift fundraising, corporate communications and donor relations. She is also President, Memphremagog Wetlands Foundation.

Mary Ellen Kirby – Married for 38 years, mother of 4, grandmother of 8, sheep farmer, passionate gardener, ETSB commissioner for Ward 11 (Sawyerville, Cookshire, Bury area) for past 5 years. Mary Ellen loves to do workshops/presentations on aspects of agriculture especially for children. She is also a scrapbooker, folk art painter, crafter and enjoys being generally involved in her community.

Mary Labbé – Upon retirement, Mary returned to her hometown of Ayer’s Cliff and now enjoys golf and adventure travel. She has held the post of Treasurer since 2009.

Suzanne Meesen – Suzanne joined the Review Council in the Fall of 2018 where she is a member of the Scholarship Criteria Committee. Sue has worked for over 25 years in the field of postsecondary education in the Townships. She is currently an Educational Advisor to the Director of Studies at Champlain Regional College. In her spare time, Sue enjoys playing golf with family and friends and is the Ladies Club Captain at the Lennoxville Golf Course.

Carol Mooney – As a retired educator, Carol now volunteers in local community organizations. Currently, she is on the Board of the Centre de Santé de la Vallée Massawippi. She is a former president of CFUW, Sherbrooke & District. Carol organizes walking groups and participates in golf, bike-riding and gardening.

Marie Trousdell - is a certified health executive who has worked in the health care field for over 45 years. Since her retirement in 2012 she has been working part-time as a consultant with Accreditation Canada International. Marie is on the Board of Directors of the Foundation of the Musée des beaux arts de Sherbrooke. She is presently president of CFUW Sherbrooke and District.

Yvette Voisard – Secretary of Lampe, retired teacher, avid reader, gardener and grandma.

Our Committees

Finance

Mary Labbé (Chair)
Heather Bowman
Judy Hopps
Carol Mooney (Secretary)

Scholarships & Criteria

Heather Bowman (Chair)
Carol Mooney
Joanne Craig
Judy Hopps
Sue Meesen
Yvette Voisard

Mentoring

Wendy Durrant (Chair)
Esther Barnett
Joanne Craig
Mary-Ellen Kirby
Courtney Roy

Marketing

Judy Hopps (Chair)
Heather Bowman
Carol Mooney
Shelley Slater

Selection

Heather Bowman (Chair)
Esther Barnett
Allison Connelly
Wendy Durrant
Carol Mooney

Heather Stewart

Governance

Heather Bowman
Carol Mooney

Awards Night 2018





Lampe Foundation

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Charitable Registration Number: BN892912965R0001

