



2019 REPORT TO COMMUNITY

Charitable Foundation of Canadian Federation of University Women, Sherbrooke & District

Contents

Contents	1
Co-Presidents' Letter to Stakeholders	Error! Bookmark not defined.
Making a Difference in Their Community	3
Our Scholars 2019	10
Our Mentors	13
Our Financial Summary	17
Our Volunteers	20
Our Governors	21
Awards Night 2019	24



Co-Presidents' Letter to Stakeholders

ABOUT US

LAMPE Foundation, founded in 1993, is a community-based, volunteer-managed, not-for-profit organization. It is dedicated to supporting students who have demonstrated their ability to serve their communities as leaders and/or who are training to become bilingual health professionals and who choose to build careers and serve the communities of the Townships. The Foundation is governed by an independent board of directors.

OUR MISSION

We are dedicated to encouraging women and men from the Eastern Townships and across Canada to continue their education in order to improve their own lives and the wellbeing of the Townships community. We offer financial and mentoring support to students who have demonstrated their ability to become leaders in their community, and to those who are training to become health care professionals in the Townships.

Dear Stakeholders,

Twenty-six years young! Lampe continues to be a vibrant scholarship foundation as it enters its next quarter century. The highlight of 2019 was the endowing of the first CFUW 100th anniversary Indigenous Scholarship, the successful culmination of a three year learning and fund-raising campaign. As the charitable foundation of the Canadian Federation of University Women (CFUW) Sherbrooke & District Club, Lampe united with the members of CFUW to not only raise awareness of Indigenous communities and their cultures but also to step up and financially support these students pursuing courses at the university level.

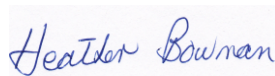
The three year process included a visit to an Indigenous village, presentations by Indigenous leaders, and discussions of Indigenous literature. Collaboration with the Faculty of Education at Bishop's University began early on to determine the most appropriate criteria for the award. First hand, CFUW and Lampe members learned of the life and overwhelming challenges faced by the Indigenous peoples now and over the past centuries. Willingly, these women joined other Canadians in righting the wrongs inflicted on generations of Indigenous peoples. Donations came from inside and outside the club. A non-member of Indigenous descent was a very generous donor. She had achieved success in her career thanks to education and a supportive family and wanted others to realize it also.

We have also been able to establish a second Physician's Award thanks to support from the Tillotson Coaticook Regional Fund who have generously agreed to match Lampe contributions. Family doctors are playing an increasingly important role in the early identification of disease and work with clients to prevent illness and promote healthy living. The Foundation believes that this is a critical area of support as we are experiencing a severe shortage of family doctors in the Eastern Townships.

From the beginning, the Lampe Foundation has awarded scholarships and bursaries to young women and men at several levels of education from high school to university. In 1993, four awards were given out valued at just over \$1000; in 2019, forty awards were handed out valued at \$43,000. More than half of the forty awards were in the health sector largely thanks to the generous donation from the Sherbrooke Hospital Foundation in 2008.

The 100-strong members of CFUW Sherbrooke & District are the greatest supporters and donors of the Lampe Foundation. The list of visionary women who have made major contributions to the success of their charitable foundation is lengthy. As we enter the next quarter century of the Lampe Foundation, they continue to feel a great sense of pride and derive immense satisfaction as they award the noteworthy students of the Eastern Townships.

We hope that you enjoy reading our 2019 Report to Community. A special thank you to all our scholarship winners, our donors, and our community and institutional leaders who are our partners in helping the Lampe Foundation build relationships that endure a lifetime.



Co-President



Co-President

Making a Difference in Their Community

A Conversation with Courtney Drew – 2016 CFUW Lampe Commemorative Award Recipient



Courtney Drew is a young Townshipper who grew up on a farm in Cookshire-Eaton. She attended St. Antoine primary school in Lennoxville and went on to Le Salésien in Sherbrooke for her secondary studies. Courtney began taking classical violin lessons at the age of seven and shortly after started learning traditional fiddle tunes as well. She is particularly fond of the Old Time, Celtic, Irish and Quebecois styles and started competing in fiddling contests as an adolescent. Courtney's passion for music has never waned even while taking on challenging post-secondary studies, she continues

to teach and perform at dances, festivals and other events. Essentially, music is mathematical so it is not surprising that Courtney excels in both fields.

LF: How did your education in the Eastern Townships prepare you for your career?

CD: I went to Champlain College in Pure and Applied Sciences. I then received a Mathematics Honours and Physics Minor at Bishop's University and I am currently pursuing a Master's in Mathematics, concentration in Statistics, at the University of Sherbrooke.

LF: What are the future prospects like in your field? What trends do you see developing over the next few years?

CD: Future prospects are very good in statistics. Data mining (dealing with large data sets) is of utmost importance since an abundance of information is readily available these days, so tools to be able to analyze such an amount of data are required. Multidimensional analyses are also very important for the same reasons. Another branch in development is medical statistics and imaging. Jobs in operational research, actuarial sciences and investment analysis are also on the rise.

LF: Who are the people who usually excel in your field or position? What personal qualities do you think are needed to succeed?

CD: In terms of being a graduate student, one undoubtedly has to be self-motivated. While there is some collaboration for sure, a lot of learning happens on your own. Common skills in the fields of mathematics and the sciences would be analytical thinking and problem solving. Communication, including written, is also important for reporting results of studies. Finally, knowledge of statistical

software (R, SAS, SPSS, ...) is essential for many jobs in statistics. Calculations are hardly ever done by hand like in introductory statistics courses!

LF: What kind of supervision/mentoring did you have when you were starting out? What kind do you have currently?

CD: I have a supervisor at UdeS who is very helpful and always available to meet on a weekly basis. At Bishop's, many professors also served as mentors.

LF: What advice would you like to have heard when you were starting out?

CD: Graduate studies are very different from undergraduate studies - they're not for everyone (and I'm not implying that I'm not enjoying my graduate studies). Even if you really like a particular subject in university, it doesn't necessarily mean that you'll enjoy graduate studies. Undergraduate studies basically allow you to scrape the surface of many topics within a certain field, always (or almost always) staying within a very idealized framework (many assumptions are made to make calculations easier/make problems easier to model). Graduate studies are the opposite. You look into one particular aspect of your discipline in great depth, and you reconsider the assumptions that are usually made. Is it possible to get rid of some of those assumptions, generalize the problem? It is often the case, but it comes with a price, which is often a more abstract setting and harder calculations.

Something a teacher of mine at Bishop's emphasized is that education is about much more than learning the course material. You'll probably forget a lot of what you learnt, but what will stick with you is the work ethic, the perseverance, that you developed while spending hours doing the assignments that you thought you would never be able to accomplish. So much more than the actual material is taught in the class. Students can apply this idea to courses which might interest them a bit less. Every situation is a learning experience.

LF: Do you have any recommendations for students with regard to useful courses to take or extracurricular activities to be involved with?

CD: Participate in help centers, whether it's as a tutor or as someone seeking help. As a tutor, it's a great way to reinforce your knowledge, continuously review material and come up with new ways of explaining concepts. It also broadens your spectrum of knowledge since you get a variety of questions, not necessarily things that you have already seen. As a student, you get to have someone else explain the topic, which is hopefully a bit different from what the professor said, and this can be greatly beneficial.

Get involved in extracurricular activities or volunteer work. It looks good on a CV to show that you're a well-rounded person and it's also good for grant applications. There are several grants available to graduate students, and all of the grant applications that I applied for had a section designated to community involvement, sometimes up to 25% of the selection criteria.

Taking courses outside of your field can help you learn other skills which complement your studies. I find language courses are particularly interesting since they allow me to improve my communication skills, which is helpful no matter your field.

LF: Apart from the CFUW Lampe award, how can the Lampe Foundation and CFUW S&D encourage young women to go into maths and sciences?

CD: Maybe contributing to the mentoring program in place by having a repertoire of programs which already focus on this area. There are some good programs out there, but they're not necessarily well-known.

LF: What was your most memorable experience?

CD: Maybe not the most memorable, but something that definitely left an impact was a joint final exam in an abstract algebra course. We were only two students in the class and our professor proposed that we collaborate on the final exam, the idea being that mathematics is about collaboration. This was a great experience for us, one which was only possible since we were only two and were of about the same strength. This gave us a better perspective of how it actually is in research. Everybody contributes in different ways. Something one person says can enlighten someone else, which leads to progress.

LF: What do you like best about your job?

CD: I was a marker at Bishop's, but something that is new for me at UdeS is that I have the opportunity to be an assistant teacher, which involves giving weekly exercise sessions in addition to marking and having consultation hours. I really enjoy this, and it is a great experience for someone who is considering teaching. I also enjoy the flexibility which allows me to be able to pursue music on the side.

LF: What do you like least?

CD: When starting off in research, it can seem like you're not able to contribute anything, and it can sometimes take a long time before you actually feel useful. This was my experience during some of my undergraduate summers in research. It's not my supervisor who gave this impression; in contrast, he was very encouraging and led me to solve various problems on my own. For example, I worked on the same project for two summers, and it was only really during the second summer that I felt like I was contributing anything to my professor's research. Before that, it felt like I was "only" learning (even though this is a large goal of undergraduate summer research anyways).

LF: *What professional organizations do you belong to?*

CD: American and Canadian Mathematical Societies (through the UdeS)

LF: *How important is networking to you?*

CD: Networking can obviously be important to get a job, but where I am right now in my studies, I have not done that much yet.

Making a Difference in Their Community (cont'd)

Janice Vaudry Carey – 1984 Eileen Healy Prize winner teaches English at **Bishop's College School**, Lennoxville, QC.

Sharon Runions - 1987 Eileen Healy Prize winner is a **Clinical Nurse Specialist, Regional Inpatient Stroke Prevention Clinic, North & East GTA Stroke Network at Sunnybrook Health Sciences Centre**.

Katherine Hamilton – 1988 Eileen Healy Prize winner is **Assistant Professor, Chemistry at Acadia University**.

Eleni Galanis - 1991 Champlain College Science Award is a **Physician Epidemiologist, BCCDC and Assistant Professor, School of Population & Public Health, UBC**.

Norma Husk – 1997 Eileen Healy Prize winner is a **professor at Bishop's University**, Lennoxville, QC.

Erin Toole – 1998 Eileen Healy Prize winner is **Associate General Counsel with the Financial and Consumer Services Commission of New Brunswick** in Saint John.

Amy Kierstead - 2000 Eileen Healy Prize winner is a **professor of Organic Chemistry at the University of New England**.

Jessica Cady - 2002 Champlain College Science Award winner is a **veterinarian at Ottawa-Carleton Veterinary Hospital**.

Kerri Gibson – 2004 Eileen Healy award winner received her PhD in Clinical Psychology from the University of New Brunswick. Currently, she works for Child and Adolescent Services in Inverness County, Cape Breton, Nova Scotia. She has just opened a part-time private practice in Cheticamp, Cape Breton, N.S.

Emilie Pelchat – 2004 Marlis & Sigrid Wehr award winner is in her third year studying Medicine at the Université de Sherbrooke.

Heather Dezan – 2005 Eileen Healy award winner is currently living and working in Winnipeg, MB. Heather graduated from Bishop's University in Business with a major in Human Resources. After completing a Master of Sciences in Organizational Behaviour at Queen's University, Heather moved to Winnipeg about 7 years ago where she is currently **Human Resources Director for Investor's Group** for Eastern Canada.

Cora Loomis - 2006 Diana & Jan Kuilman Memorial and Champlain Science awards winner is a **Nutritionist and works in Health Services at Bishop's University**.

Sara Limpert – 2006 Eileen Healy Prize winner is **Quality Program Implementation Officer at the Nova Scotia Department of Health & Wellness**, Halifax, NS.

Jenny Davis – 2009 Sherbrooke Hospital Foundation Award in Health Assistance and Nursing Care is working as an LPN at the CLSC Deux Rives on King St. Est in Sherbrooke. She does triage and performs minor surgeries and personal clinics.

Vannessa de Serre – 2010-2012 Sherbrooke Hospital Foundation Donna Draper Award winner is working as Head Nurse at Charles LeMoynes Hospital.

Lynda Goyette – 2010 Sherbrooke Hospital VTC award winner works at **La Maison Aube-Lumière**.

Claire Holt – 2010 Eileen Healy Prize winner is **Executive Search Coordinator at Knightsbridge Robertson Surette** in Halifax, NS.

Anum Ali – 2011 recipient of the Champlain Science Award is now a **clinical development Associate Manager at AstriaZenica**.

Caroline Fauteux – 2011, 2013, 2018 and 2018 Lampe SHF award winner received her Nurse Practitioner designation from Université de Sherbrooke in May 2019 and is now working out of the CLSC on Camirand Street in Sherbrooke. Caroline is the first Nurse Practitioner in Quebec to work with individuals in a program called Opioid Replacement Therapy.

Samantha Juraschka – 2011 Eileen Healy award winner serves as **Chief Operating Officer of EDO Mobile Health Inc.** provides MobiCare, which helps to manage and coordinate the tasks and caregiving responsibilities in a private network.

Meaghan Barlow – 2012 Eileen Healy Award winner is now working on her Ph.D. at Concordia University. She continues her research on aging and loneliness.

Samantha Brooks – 2012 Lampe and Tillotson VTC award winner, is giving back to her community. At the Tillotson Coaticook Regional Fund Presentation evening, she received a grant to develop a soccer league in Lennoxville for the summer of 2014. She has lots of interest and great help from her husband. Currently, Samantha is working for the **Sherbrooke CLSC home care** program.

Alexia Colombe-Lévêque -2012 Lampe Foundation Champlain Science award winner is studying **Neuroscience at McGill University** and is training a Mira dog to be a companion for the visually impaired and autistic children.

Sarah Fournier - 2012 Marlis & Sigrid Wehr mature student award winner is studying **Liberal Arts at Bishop's University**.

Brooke Latulippe – 2012 Sherbrooke Hospital Foundation Scholarship award winner graduated from McGill University. She has been accepted to the Nurse Practitioner Master's Program at the University of Manitoba in September 2018.

Alyson Wener (Alyson Leah – as she is known professionally) - winner of the first Helen F. Armstrong Award in 2012 is an actress in Montreal. Alyson is a **Montreal-theatre, film and voice actor**.

Susan Magwood – 2013 Marlis & Sigrid Wehr Mature Student Award winner is the **Administrative Athletic Assistant at Bishop's College School**.

Karen Painter – 2013 One Room Schoolhouse Award winner is an **early intervention and resource teacher at Lennoxville Elementary School**.

Emily Pranglely Desormeaux – 2013 Eileen Healy Award is working as the **Community Outreach Coordinator** at Townshippers Association.

Trisha Thomas – 2013 VTC Machining and Welder award winner is working as a **welder at Pro Par**.

Vicky Fyfe – 2013 École de Réadaptation Award winner has a successful physiotherapy practice in Chambly.

Erica Zucker – 2014 Eileen Healy Prize winner was awarded a community service award from the Golden Key International Honor Society.

Cheryl Brus Peterson – 2012-2018 Lampe-Tillotson Physician Award is finishing her residency in Family Medicine.

Daphnée Carrier – 2015-2018 Donna Draper Scholarship winner is enrolled in the Bachelor of Nursing program at Université de Sherbrooke and is working at CIUSS Estrie as a nurse.

Kohl Kelso – 2015 winner of One Room School House Award is a **Grade 4 teacher for the Cree School Board**.

Eric Bordeleau – 2016-2018 Lampe/Tillotson Physician Scholarship winner will begin his residency in Family Medicine in Sherbrooke beginning July 1, 2019.

Kristen Branigan – 2016 Eileen Healy Prize winner is an **elementary substitute teacher at Lester B. Pearson School Board**.

Jessica Everett – 2016 winner of the One Room Schoolhouse Award is teaching a cycle two class at Pope Memorial Elementary School in Bury, QC.

Natalie Demmon – 2017 winner of the Helen F. Armstrong Award is a **technician at The Segal Centre for Performing Arts** in Montreal.

Kathleen Weary – 2017 CFUW Commemorative Award winner will be doing an **Internship at the United Nations in New York** this summer. She is presently a student at the University of Ottawa.

Our Scholars 2019

Award recipients are selected by the Lampe Selection Committee or by one of the Eastern Townships educational institutions. The Lampe Selection Committee is comprised of five members who use a confidential and objective process to select each winner. The award recipients are as follows:

Award	Award Recipient (s)
Daphne & Lorraine Codere Awards, Alexander Galt Regional High School	Junior – Britany Chamberlain Senior – Diana Calloway
Marlis Wehr History Prize	Nicholas Robidas
CFUW Leadership – Lampe-Richmond Regional High School	Marianne Lessard
CFUW Leadership - Massey Vanier High School	Jayden Perry
CFUW Leadership - Andrew S. Johnson Memorial High School	Odile Nadeau
CFUW Leadership – Lampe- Alexander Galt Regional High School	Naomi Wiseman-Beese
Lennoxville Vocational Centre (VTC)	Laurence Pinard
<ul style="list-style-type: none"> • Sherbrooke Hospital Foundation (SHF) Health Award • Industry 	Kasey Fontaine
Lampe-Tillotson (VTC)	Paige Gagnon
	Julie Pier-Daigle
	Jessica Vandal Mitchell
Lampe-Tillotson (Champlain Nursing)	Mandy Doucet
Champlain College Science	Penelope Lambert
SHF Health Awards	Savio Habash
	Caroline Fauteux
	Marie Soleil Larouche
	Tattiana Bureau
	Louis-Philippe Leclair
	Briana Koritar Morse
	Brad-Lee Tanguay
Donna Draper Award – SHF	Sunny Skelling
	Vanessa McPherson
	Stefani Taylor
	Olivia Nutbrown
	Lauren Plamondon

Awards	Award Recipient(s)
Eileen Healy Leadership Prize – Bishop’s University	Terra Léger-Goodes
One Room Schoolhouse – Bishop’s University	Ashique Hines
North Hatley Village Improvement Society	Peggy Martin
Diana & Jan Kuilman Memorial	Amber-Lee Clifford-Williams
Lampe-Phelps Helps	Jaden Boucher Hannah Maddis Hannah Wallace
Helen F. M. Armstrong in Fine Arts	Spencer Christensen
Sherbrooke Hospital Ladies Auxiliary Health Award	Megane Brouillette
Dr. Roberta Cameron Aboriginal Awards	Tommy Leblanc Shania Chatterton Jerome Cassandra Evans
Marlis & Sigrid Wehr Mature Student	Mandy Doucet
CFUW Prize for Leadership – Richmond Regional	Sara Rufrange
CFUW Prize for Leadership – Alexander Galt	Angela Carrier
Lampe-U de S École de Réadaptation	Rosalie Dostie Michaël Beaudoin Catherine Bernier-Chabot
Lampe-Tillotson Prix de Médecin1/Physician’s Award 1	Annie Gagné
Lampe-Tillotson Prix de Médecin 2/Physician’s Award 2	Emilie Pelchat
CFUW Sherbrooke & District/Lampe Commemorative Award	Kassandra Ryan Morgan Passmore

Our Scholars cont'd

Eileen Healy Prize for Leadership



L to R: Dr. C. Charpentier, T. Léger-Goodes

SHF Donna Draper Award



L to R: Dr. K. Kouri, O. Nutbrown

Lampe-U de S École de Réadaptation



L to R: Dr. M. Tousignant, M. Beaudoin

SHF Health Awards



L to R: L. Chartier, B. Koritar Morse, L.-P. Leclair

Our Mentors

One of the ways the Lampe Foundation provides educational support for students and graduates is through its mentorship programme. We offer award winners, present and past, the opportunity to be matched with a mentor, a person who can help them and guide them in the attainment of their career goals.

Members of the Mentoring Committee include Wendy Durrant (Chair), Esther Barnett (Secretary), Joanne Craig, Mary-Ellen Kirby and Courtney Roy (student).

The benefits of having a mentor include:

- Networking contacts
- Tips on developing a professional image
- The opportunity to clarify career goals
- Knowledge concerning business ethics and etiquette
- Enhancement of employability
- Exposure to the workplace

The benefits of the relationship to the mentor include:

- A fulfilling way to help someone who is just starting out in their chosen profession.
- A way to give back as a bright new person embarks on the path the mentor might know something about.
- A meaningful opportunity to share their experience and knowledge gained over many years.

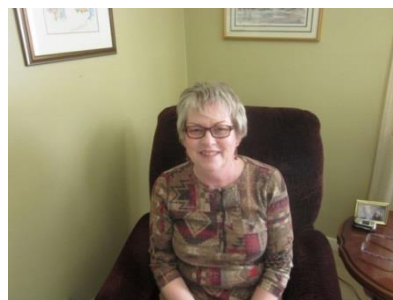
We have twenty-one mentors in various fields such as business, drama, education, health care, music and welding. In the past we have had eight matches and are projecting more in the spring.

Our continuing match is between Caroline Fauteux and R.N. Sandra Spaulding Klinck. Caroline, a nurse clinician, has received her Maîtrise en sciences infirmières, infirmière praticienne en soins de première ligne from Université de Sherbrooke and is currently working out of the CLSC on Camirand St. Caroline works with the homeless drug addicts, she goes to the prisons and works with the youth clinic. She is the first Nurse Practitioner to work with individuals in a program called Opioid Replacement Therapy. Sandy and Caroline continue to communicate through Facebook and in person.



Krystyna Kouri is Director of Nursing at Champlain College, Lennoxville. She is a mentor for the Donna Draper Award recipients.

Allison Connelly is a mentor for Education. She received her degree from MacDonald College and has taught in elementary schools in Montreal, Rawdon, and Lennoxville. Allison is an active participant in community affairs.



Maryse Simard is a mentor for Music. She studied at Université St. Paul, Université d'Ottawa, École Vincent d'Indy and Bishop's University. Maryse is currently Organist and Choir Director at Bishop's College School as well as Music Director, Choir Director and Organist at Lennoxville United Church. In addition, she volunteers to play piano and organ for many organizations. Many young musicians have benefitted from her coaching and mentoring.



Gabrielle Newman is a mentor for Education. She obtained her M.Ed. from Bishop's University and various certificates from McGill University. She taught in North Hatley and Magog and retired in 2011.



Sandra Klinck (centre) is a mentor for Nursing. She is the Director of Care at Grace Village and teaches at the Nursing Programme at Champlain College, Lennoxville.

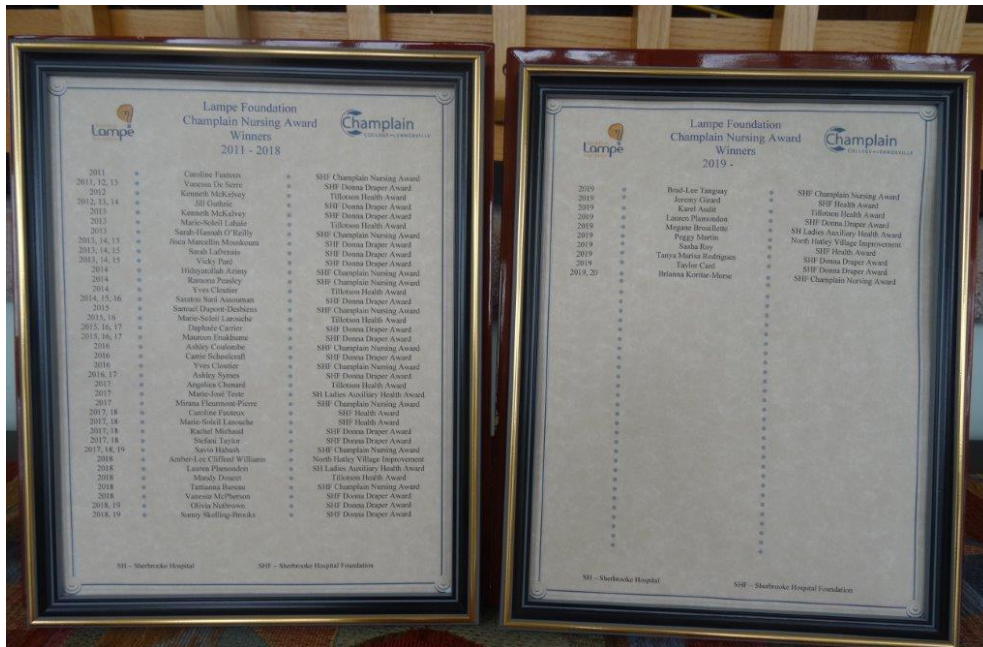


Our student member of the Mentoring Committee, **Courtney Roy** is in her third year of a double major in Secondary Education and Drama at Bishop's University. An active member of the theatre community, she is shown directing fellow actor Casey Hebert.



Reception for Champlain Nursing Award Winners

This year the Mentoring Committee was working on the planning of hosting a reception for the Champlain College, Lennoxville Campus Nursing students who have won Lampe Foundation Awards. Unfortunately, due to the pandemic the ceremony has been postponed until Autumn. At this reception the plaques (below) showing the names of past winners will be presented to Krystyna Kouri, Director of Nursing.



Lampe Phelps Help Awards



L to R: H. Bowman, H, Maddis, K. Lowry

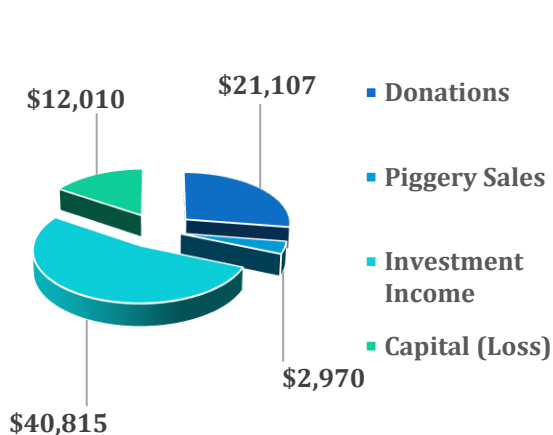
Our Financial Summary

Since its founding in 1993, the Lampe Foundation has increased its asset base from less than \$20,000 to \$773,339. The assets provide the Foundation with the necessary reserves to offer a minimum of 25 awards and enable Lampe to provide the ongoing funding to our scholars holding renewable scholarships and bursaries.

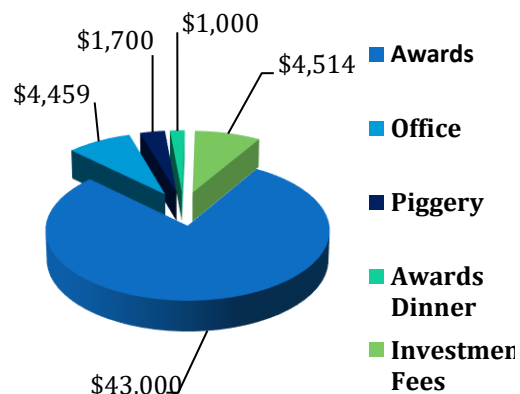
The following is a summary of our financial statements for the year ending December 31, 2019. Statements are available at www.lampefoundation.org.

	December 31 st 2019	December 31 st 2018
	\$	\$
Assets		
Cash	24,136.61	16,219.28
Investments	749,202.42	758,912.03
	<u>773,339.03</u>	<u>775,131.31</u>
Capital	<u>773,339.03</u>	<u>775,131.31</u>

Revenue 2019



Expenses 2019



Our Donors & Partners

All contributions, large and small, help to advance our mission. The Lampe Foundation thanks the following individuals for their support. This report gratefully acknowledges those who have made a donation between January 1, 2019 and December 31, 2019.

L. Allen	Estate of C. McKinley
J. Angrave	S. McLean
R. Belanger	B. McMillan
P. Bibeau	C. A. Milne
J. Bishop	C. Mooney
H. Bowman	L. Nightingale
L. Brissonnet	A Phillips
H. Brodie	N. Pitman
S. Butler	D. Prah
L. Chacra	L. Quinn
L. Chartier	M. Rhodes
E. Cope	R. Robinson
H. Dalton	E. Scheib
F. del Yushumina	L. Sheard
D. Duncan	S. Siddiqui
W. Durrant	S. Slater
Dr. P. Gagné	D. Smith
V. Galanis	E. Sprenger
A. Haines Clark	L. Sullivan Lapp
J. Hopps	B. Taber Smith
B. Hunting	M. Trousdell
C. & P. Jones	M. Trower
K. Kouri	Y. Voisard
M. Labbé	J. Watson
A. Lundeen	J. White
F. Macleod	J. Wilson Herring
J. McCallen	M. Woollerton
G. McGurk	Royal Canadian Legion Richmond Aux #15

And to the many supporters of the Piggery Theatre Night and CFUW, Sherbrooke & District 2019 Summer Market Silent Auction and Book Sale.

The Lampe Foundation also gratefully acknowledges the financial support of our partners who help make a number of our awards possible.

- CFUW, Sherbrooke & District
- North Hatley Village Improvement
- Phelps Helps
- Sherbrooke Hospital Foundation
- Tillotson Coaticook Regional Fund
- Université de Sherbrooke, Faculty of Medicine & Health Sciences

2019 Winners



Front Row (L-R) A. Gagné, E. Pelchat, B. Koritar Morse, M. Doucet, T. Léger-Goodes, M. Brouillette,
H. Maddis

Back Row (L-R) L.-P. Leclerc, O. Nutbrown, P. Martin

Our Volunteers

Volunteers are the heart and soul of the Lampe Foundation. From its beginning, the Lampe Foundation has relied on a cadre of volunteers to provide direction, strategy, selection, mentoring, marketing and promotion as well as a variety of administrative duties. The ability of people to work willingly together for the betterment of their community is truly a priceless resource. Had our volunteers been paid according to their skills, their hours, if billed, would be in excess of \$75,000.

Linda Allen
 Esther Barnett
 Heather Bowman
 Allison Connelly
 Joanne Craig
 Wendy Durrant
 Randi Heatherington
 Judy Hopps
 Mary Ellen Kirby

Sandra Klinck
 Krystyna Kouri
 Sandra Klinck
 Mary Labbé
 Katie Lowry
 Sue Meesen
 Carol Mooney
 Gabrielle Newman
 Karen Painter

Mary Rhodes
 Bev Taber Smith
 Maryse Simard
 Rosemary Turmel
 Yvette Voisard

A special thanks to all the members of the CFUW, Sherbrooke & District who made the 2019 Summer Market Silent Auction a success.

Marlis & Sigrid Wehr Award



L to R: M. Doucet, C. Mooney

Sherbrooke Hospital Ladies Auxiliary Health Award



L to R: J. Bishop, M. Brouillette

Our Governors

Board of Directors

Dian Cohen, C.M., O.M., Honorary President

Dian is a Corporate Director, Founding organizer of Centre de Santé de la Vallée Massawippi. In 2018, Dian retired from the Board and was named Honorary President in recognition of her invaluable contribution to the Foundation.

Heather Bowman, Co-President

Heather has been involved in the Health Care system for over 40 years. She has been President of Townshippers' Association and of CFUW, Sherbrooke & District.

Carol Mooney, Co-President

Carol has been an educator in the Eastern Townships for thirty years in a variety of roles and levels – elementary, high school, university and international.

Mary Labbé, Treasurer

Mary has been Treasurer of Lampe since 2009. After a successful career in Human Resources management in the Montreal area, Mary has returned to her hometown of Ayer's Cliff and now enjoys adventure travel and golfing.

Yvette Voisard, Secretary

A Science teacher for 28 years and President of the Eastern Townships Teachers' Association for 5 years, Yvette is an avid Zumba participant and goes to the gym three times a week. She has held the post of Secretary of Lampe since 2009.

Foundation Review Council

Linda Allen -- Born in Montreal, Linda has lived in the Eastern Townships for 50 years. At the beginning of her career she was a teacher at AGRHS when it first opened, and after an early retirement she taught part-time in the Graduate School of Education at Bishop's University. Her love for the environs of the ET shows through her interest in gardening and golf.

Esther Barnett – After teaching at both elementary and high school level, Esther served as a Commissioner for the Eastern Townships School Board. She also worked in the Advancement Office, Bishop's University for 22 years.

Heather Bowman – Heather was Director of the CSSS-IUGS Foundation and is committed to the community as a volunteer. Director of Townshippers' Association Board of Directors, Involved with Regional Table for services to the elderly, interested in politics and the arts. She has volunteered with Lampe since 2009.

Wendy Durrant – A member of the Corporation of Professional Librarians of Quebec since 1972, Wendy retired from Bishop’s University Librarian duties in 2004. Wendy is on the Board of the Lennoxville Ascot Historical and Museum Society and has been Chair of the Lampe Mentoring Committee since 2009.

Randi Heatherington – Randi is professor of Special Care Counselling and Advisor for Aboriginal Services at Champlain College Lennoxville. She is an active member of several Administrative Boards including Carrefour Jeunesse Emplois du Haut St. François, St. Paul’s Rest Home of Bury and the Lampe Foundation. Randi’s hobbies include wildlife photography and painting with watercolor.

Judy Hopps – Judy brings more than 30 years of experience in the field of philanthropy working with a variety of non-profit organizations in institutional advancement, major gift fundraising, corporate communications and donor relations. She is also President, Memphremagog Wetlands Foundation.

Mary Ellen Kirby – Married for 38 years, mother of 4, grandmother of 8, sheep farmer, passionate gardener, ETSB commissioner for Ward 11 (Sawyerville, Cookshire, Bury area) for past 5 years. Mary Ellen loves to do workshops/presentations on aspects of agriculture especially for children. She is also a scrapbooker, folk art painter, crafter and enjoys being generally involved in her community.

Mary Labbé – Upon retirement, Mary returned to her hometown of Ayer’s Cliff and now enjoys golf and adventure travel. She has held the post of Treasurer since 2009.

Katie Lowry -- Katie has been an educator in 3 continents over the better part of the last 2 decades. Upon her return to Eastern Townships in 2012, Katie helped launch Phelps Helps, a non-profit organization providing career and educational support to youth in the Stanstead area where she continues to work as executive director. She enjoys taking in the beauty of the Townships while hiking or swimming with her husband and young daughter.

Suzanne Meesen – Suzanne joined the Review Council in the Fall of 2018 where she is a member of the Scholarship Criteria Committee. Sue has worked for over 25 years in the field of postsecondary education in the Townships. She is currently an Educational Advisor to the Director of Studies at Champlain Regional College. In her spare time, Sue enjoys playing golf with family and friends and is the Ladies Club Captain at the Lennoxville Golf Course.

Carol Mooney – As a retired educator, Carol now volunteers in local community organizations. Currently, she is on the Board of the Massawippi Valley Foundation. She is a former president of CFUW, Sherbrooke & District. Carol organizes walking groups and participates in golf, bike-riding and gardening.

Marie Trousdell - is a certified health executive who has worked in the health care field for over 45 years. Since her retirement in 2012 she has been working part-time as a consultant with Accreditation Canada International. Marie is on the Board of Directors of the Foundation of the Musée des beaux arts de Sherbrooke. She is presently president of CFUW Sherbrooke and District.

Yvette Voisard – Secretary of Lampe, retired teacher, avid reader, gardener and grandma.

Our Committees

Finance

Mary Labbé (Chair)
Heather Bowman
Judy Hopps
Carol Mooney (Secretary)
Marie Trousdell

Mentoring

Wendy Durrant (Chair)
Esther Barnett
Joanne Craig
Mary-Ellen Kirby
Courtney Roy

Selection

Heather Bowman (Chair)
Esther Barnett
Allison Connelly
Wendy Durrant
Carol Mooney

Scholarships & Criteria

Heather Bowman (Chair)
Carol Mooney
Joanne Craig
Judy Hopps
Sue Meesen
Yvette Voisard

Marketing

Judy Hopps (Chair)
Heather Bowman
Carol Mooney
Shelley Slater

Governance

Heather Bowman
Carol Mooney

Prix de Médecin/Physician's Awards 1 & 2



L to R: A. Gagné, M. Everett, E. Pelchat

North Hatley Village Improvement Society



L to R: P. Provencher, P. Martin

Awards Night 2019

CFUW S & D honoured two long-time members of our club. **Janet Angrave** received a Sage Award as the longest serving member of our Club. This Award was created by our National Office for the 100th Anniversary of CFUW. **Dorothy Duncan** was cited for her many years of service as she bid farewell to her many friends and acquaintances. Dorothy and her husband, Paul, were moving to Gatineau to be closer to family.



L to R: J. Hopps, J. Angrave



L to R: J. Hopps, D. Duncan



Lampe Foundation

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Ste-Catherine-de-Hatley, QC
J0B 1W0

www.lampefoundation.org

Charitable Registration Number: BN892912965R0001

