



ANNUAL REPORT

2013

Lighting the way to a brighter future!

**Affiliated with Canadian Federation of University Women,
Sherbrooke & District**

WHO WE ARE

LAMPE Foundation, founded in 1993, is a community-based, non-profit, volunteer charity. It is dedicated to supporting students who have demonstrated their ability to serve their communities as leaders and/or who are training to become bilingual health professionals and who choose to build careers and serve the communities of the Townships. The Foundation is governed by an independent board of directors.

OUR MISSION

We are dedicated to encouraging women and men from the Eastern Townships and across Canada to continue their education in order to improve their own lives and the wellbeing of the Townships community. We offer financial and mentoring support to students who have demonstrated their ability to become leaders in their community, and to those who are training to become health care professionals in the Townships.

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LETTER FROM THE CO-PRESIDENTS

Anticipated outcomes and pleasant surprises highlighted the year 2013 for the Lampe Foundation. The expansion of partners, the increase in awards and money granted, and the greater outreach of the Foundation are indicative of a few achievements. One year into our Five Year Strategic Plan, the Foundation is beginning to accomplish its objectives.



Lampe's affiliation with the Faculty of Medicine and Health Sciences of the University of Sherbrooke continues to blossom with new and unexpected growth. Lampe is now collaborating with the School of Occupational Therapy to grant a total of six awards to students beginning their final year of studies. Partnering with the Tillotson Fund, Lampe presented the first Lampe-Tillotson Physician's award to a University of Sherbrooke medical student, a Hatley resident. The substantial financial award is renewable for 4 years. An increased interest by University of Sherbrooke students and Faculty in several other Lampe and Sherbrooke Hospital Foundation awards is a positive and welcome development.

The Lampe Foundation presented a total of 30 scholarships and awards in 2013, a 30 per cent increase over 2012. Financially, the growth in giving was up 32 per cent.

Discovering new ways to both learn from and mentor our award winners and community members remains a priority for Lampe. At a first-ever Nurses' Reception, a good turn-out of retired, practising and graduating nurses socialized in the School of Nursing. At the event, experienced nurses stepped up to mentor the new entrants to the profession. In 2013, the Lampe Foundation consolidated its reach to Cowansville and Thetford Mines with the launch of two leadership awards in the high schools. At our annual Lampe awards night, a 2007 Lampe award-winner spoke poignantly about the difference that a foundation like Lampe can make. At all our events, Lampe now has

its promotional materials and banner in French and English. We are gratified to see donations increasing, typified by having the best Spring Appeal since inception.

The Lampe Foundation has participated in the Fraser Institute's Donner Canadian Foundation Awards Program for two years. With the tools for non-profits to measure and monitor performance, agencies like Lampe can strive for higher levels of excellence. Lampe is evaluated in the category of education against 91 other agencies. In 2013, Lampe scored above average in six of eight categories, namely income independence, strategic management, board governance, volunteer usage and management, innovation and program cost. Our 2013 composite score has improved over our 2012 result.

Read on to learn of the substantial progress realized by the Foundation Review Council and the six sub-committees in meeting their goals for the Strategic Plan. All of the Lampe members are enthusiastic about a special award to be launched in 2015 to honour.....but wait, it is a surprise!

Heather Bowman, Co-president

Carol Mooney, Co-president

RESULTS

Lampe Foundation has been supporting students in Eastern Townships schools since 1974, when the 60 members of the University Women's Club, Sherbrooke and District began collecting money during their social visits. Between 1974 and 1993, awards totalling \$6,000 were presented to 69 students so that they could continue their education.

In 1993, in an effort to broaden the reach of the group into the community, the Club registered *La Fondation des bourses d'études des femmes diplômées universités, région de Sherbrooke* with the Québec government and with the Canadian Revenue Agency as a charitable foundation, in order to be able to issue tax receipts for donations.

Changing the name of the Foundation to Lampe in 2010, furthered the ability of the volunteers to reach into the community. Between 1993 and 2013, donations have grown exponentially, resulting in Lampe being able to increase both the number and dollar amounts of awards annually. Lampe now supports 200 students, from high school through CEGEP, vocational school to university and post-university studies. In addition, high schools in four regions of the Townships are represented: for several years, we have awarded a Prize in Leadership to Richmond Regional and Alexander Galt Regional. In 2013, we added a Prize in Leadership to Massey Vanier Regional, and Andrew S. Johnson Memorial High School in Thetford Mines.

2013 SCHOLARS

Lampe award winners are selected by either an educational institution or the Lampe Selection Committee. In the latter case, a group of at least five members uses a confidential and objective process to select each winner.

	'12-13	3 year average
No. of applicants	46	38
Est. volunteer hours for selection	75	60

Award

Daphne & Lorraine Codere Awards,
Alexander Galt Regional High School

Marlis Wehr History Prize, Alexander Galt
Regional High School

Richmond Regional High School Leadership

*Massey Vanier High School Leadership

*Andrew S Johnson Memorial High School
Leadership

Lennoxville Vocational Center(VTC)
Professional Sales

Welding & Fitting

Sherbrooke Hospital Foundation Health (VTC)

*Lampe Tillotson (VTC)

Award recipient

William Roy
Valerie Shea

Alexie Byrns

Leah Driver

Francis-Auger Paré

Amanda Houley

Noemie Lafond

Trisha Thomas

Naomi Bezanson
Lorrie Ann Gagné
Samantha Brooks

Brittany Burton
Samantha Brooks
Anny Claude Dodier

Laureates

*Lampe Tillotson Champlain Nursing	Kenneth McKelvey
Champlain College Science	Amelie Bellemare
Sherbrooke Hospital Foundation Health Awards	Caroline Fauteux Jessica Stevens Emily MacGregor Sarah-Hannah O'Reilly
Sherbrooke Hospital Foundation Donna Draper Award	Vannessa de Serre Jill Guthrie Kenneth McKelvey
Eileen Healy- Bishop's University Leadership Award	Emily Prangle Desormeaux
One Room Schoolhouse	Karen Painter
Helen F.M. Armstrong Fine Arts	Melissa MacCoubrey
Diana & Jan Kuilman Memorial	Véronique Bernier
Marlis & Sigrid Wehr Mature Student	Susan Magwood
*Lampe Foundation-Université de Sherbrooke École de Réadaptation	Vicky Fife Stephanie Bourbonnais
*Lampe –Tillotson Prix de Médecin/ Physician's Award	Cheryl Brus Peterson

* indicates new awards

WHERE ARE THEY NOW

Suzanne Banfill 1996 winner of Eileen Healy award is a Family Doctor at Centre Hospitalier Coaticook.

Vannessa de Serre winner of the Sherbrooke Hospital Foundation Donna Draper Award 2010- 2012 is pursuing a Bachelor's degree in nursing at Université de Sherbrooke, Longueuil Campus

Alexia Colombe Léveque, the Lampe Foundation Champlain Science 2012 award winner is studying Neuroscience at McGill University and is training a Mira dog to be a companion for the blind people and autistic children.

Sarah Fournier, winner of the 2012 Marlis & Sigrid Wehr mature student award is studying Liberal Arts at Bishop's University

Jessica Cady, winner of the 2002 Champlain College Science Award is a veterinarian at Ottawa-Carleton Veterinary Hospital

Eleni Galanis, Champlain College science Award (1991) is a Physician Epidemiologist, BCCDC and Assistant Professor, School of Population & Public Health, UBC

Amy Kierstead, 2000 Eileen Healy award winner is a professor of Organic Chemistry at the University of New England.

Sharon Runions Eileen Healy winner for 1987 is a Neuroscience nurse MUHC (Montreal University Hospital Centre)

Jenny Davis, 2009 winner of the Sherbrooke Hospital Foundation Award in Health Assistance and Nursing Care is working at CHUS Hotel Dieu in Sherbrooke. Jenny's efficient care and friendly manner were greatly appreciated by Lampe Council member Wendy Durrant the first night after her surgery.

OUR PARTNERS

The Lampe Foundation gratefully acknowledges the financial support of our partners for 2013.

- Bishop's University
- CFUW – Sherbrooke & District
- Sherbrooke Hospital Foundation
- Tillotson Coaticook Regional Fund
- Universite de Sherbrooke, Faculty of Medicine & Health Sciences



Mike Everett, Chair, Tillotson Coaticook Fund with Brittany Burton, Anny Claude Dodier and Samantha Brooks

Ruth Atto, Marjorie Goodfellow, Sherbrooke Hospital Foundation representatives with Sarah Hannah O'Reilly and Emily McGregor



Michael Goldbloom, Principal, Bishop's University with One Room Schoolhouse award recipient, Karen Painter



Dr. Pierre Cossette, M.D., M. Sc., Professeur titulaire, Doyen, Faculté de médecine et des sciences de la santé, Université de Sherbrooke

Mary Jane Amey, President, CFUW Sherbrooke and District, presenting cheque to Carol Mooney, Co-President, Lampe Foundation



Manon Guay, former Eileen Healy Leadership recipient, now, Associate Professor, School of Rehabilitation, Faculty of Medicine and Health Sciences Université de Sherbrooke



OUR MENTORS

One of the ways the Lampe Foundation provides educational support for students is through its mentorship programme. We offer award winners, present and past, the opportunity to be matched with a mentor, a person who can help them and guide them in the attainment of their career goals.



Members of the
Mentoring Committee:
E. Barnett, J. Craig,
W. Durrant, K. Branigan

The benefits of having a mentor include:

- Networking contacts
- Tips on developing a professional image
- The opportunity to clarify career goals
- Knowledge concerning business ethics and etiquette
- Enhancement of employability
- Exposure to the workplace

The benefits of the relationship to the mentor include:

- a fulfilling way to help someone who is just starting out
- giving back as a bright new person embarks on the path the mentor might know something about
- giving them the meaningful opportunity to share their experience and knowledge gained over many years

We have fifteen mentors in various fields such as business, education health care and welding. In the past we have had five matches and are projecting five additional ones in the spring.

An example of a match in the health care sector is the one between Caroline Fauteux and R.N. Sandra Spaulding Klinck. Caroline, the 2011 and 2013 award winner of the Sherbrooke Hospital Health Award, looks forward to a lifelong career in nursing. She graduated in 2006 from the Lennoxville Vocational Center as a nursing assistant and furthered her education by graduating from the Champlain College nursing programme. She is pursuing a BAC in Nursing at Université de Sherbrooke.

Sandra is Director of Nursing at the Massawippi Christian retirement Homes. She also teaches nursing at the Champlain College nursing programme and enjoys being a mentor.



Krystyna Kouri, Director of Nursing, Champlain College, Mentor, Donna Draper Award recipients

- *When I was awarded my scholarship, I was given the book "Days to Remember – One-room Schoolhouses in the Eastern Townships of Quebec" published by CFUW. This book became the inspiration for our project, which was to create an experiential learning project for an elementary class. We created a whole unit around a visit to the one-room schoolhouse in Milby. The assignment, the interview and the article we put in the local newspaper were excellent learning opportunities for me. Thank you once again. **Karen Painter, One Room Schoolhouse Award 2013***

- *In November I took the Canadian Athletic Therapy Association national certification exam in Montreal and I passed! Thank you, Lampe Foundation for your generosity in providing me with the bursary that helped me achieve my goals of graduating university debt free and with good grades as well! Your help and support was greatly appreciated and allowed me to focus on my studies and performing to the best of my abilities. I am so excited that I passed the certification exam and now can call myself a Certified Athletic Therapist. This is all thanks to your wonderful program helping me and many other students achieve their goals. Thanks again and take care! **Melissa Fequet, Sherbrooke Hospital Foundation Award 2010, 2011, 2012***



Helen Armstrong, donor of the Helen F. M. Armstrong Fine Arts Award and Alyson Wener first recipient, 2012

- *The scholarship means a lot to me. The fact that she was willing to support someone passionate about any kind of art, not just someone who loves the kinds of arts that she loves really touched me and made me even more appreciative of her gift. She also mentioned that she is happy to do be doing this while she's still alive so that she could meet the person who receives the award and be a part of it. This is a unique trait of the scholarship, and made it feel like it was a personal gift ... that is very special. **Alyson Wener, recipient of the Helen F. M. Armstrong Fine Arts Award***

OUR VOLUNTEERS

From the beginning, Lampe has relied on a cadre of volunteers to manage the Foundation – direction, strategy, administration, selection, website, mentoring, fundraising events, marketing and promotion.

Volunteers are the backbone of the Lampe Foundation. There are not enough ways to say thank you to these priceless, but unpaid workers.

Had they been paid according to the skills they gave Lampe, their volunteer hours would have been billed at over \$30,000.

Mary Jane Amey	Ruth Atto	Esther Barnett
Heather Bowman	Dian Cohen	Allison Connelly
Joanne Craig	Wendy Durrant	Sera Gagliardi
Claire Holt	Judy Hopps	Sandra Klinck
Krystyna Kouri	Mary Labbé	Elizabeth Mazarek
Carol Mooney	Mary Rhodes	Lucie Roy
Joe Ruscigno	Bev. Smith	Heather Stewart
Rosemary Turmel	Yvette Voisard	Bonnie Wilkin

A very special thank you to all the members of CFUW Sherbrooke and District who made the 2013 Summer Market Silent Auction a success.

OUR DONORS

All contributions, large and small, help to advance our mission. The Lampe Foundation thanks the following donors for their support. This report gratefully acknowledges those who have made a donation between January 1, 2013 and December 31, 2013.

B. Allatt	D. Duncan	
J. Angrave	W. Durrant	C. Mooney
J. Bishop	J. Fischer	L. Nightingale
H. Bowman	S. Gagliardi	L. Sheard
B. Brown	P. Gee	T. Skelton
J. Craig	M. Guay	B. Smith
R. Cameron	C. Jones	D. St. Vincent
S. Caron	K. Kouri	H. Stewart
S. Chamberlain	M. Labbé	M. Trousdell
L. Chartier	F. Macleod	I. Velasquez
D. Cohen	E. Mazurek	Y. Voisard
P. Cossette	C. McKinley	I. Weir
J. Cowan	G. McKnight	and all the

supporters of the Penny Campaign and the Piggery Theatre evening.

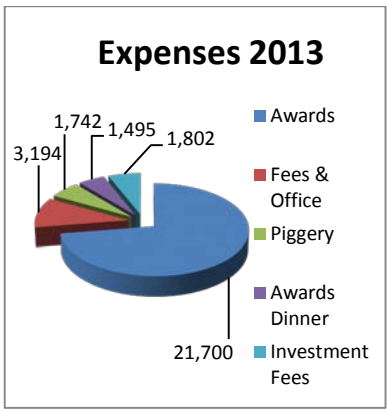
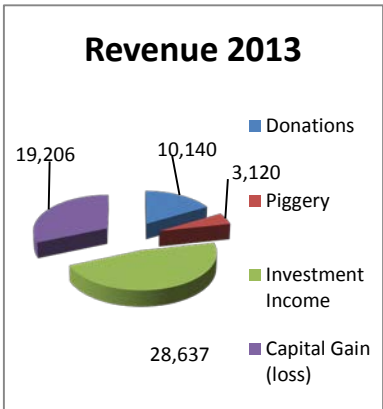
- *This semester I studied (still with Bishop's) at Concordia, as I got an internship at Ubisoft Montreal. I have since moved to Quebec City to pursue a job with Ubisoft as a scriptwriter and am finishing my degree through Bishop's and Athabasca." Mellissa MacCoubrey, Helen Armstrong Award, 2013.*

FINANCIAL INFORMATION

Since its founding in 1993, the Lampe Foundation has increased its asset base from less than \$20,000 to \$609,596. This provides the Foundation with the necessary reserves to offer a minimum of 25 awards annually and enables Lampe to provide the ongoing funding to our scholars holding renewable scholarships and bursaries.

The following is a summary of our financial statements for the year ended December 31, 2013. Detailed financial statements are available at www.lampefoundation.org

	December 31 st <u>2013</u>	December 31 st <u>2012</u>
	\$	\$
Assets		
Cash	8,944,54	3,815,44
Investments	<u>600,651,92</u>	<u>574,611,38</u>
	<u>609,596,46</u>	<u>578,426,82</u>
Capital		
	<u>609,596,46</u>	<u>578,426,82</u>



BOARD OF DIRECTORS

Heather Bowman, Co-President

Heather has been involved in the Health Care System for over 40 years. She has been President of Townshippers' Association and of CFUW Sherbrooke & District.

Carol Mooney, Co-President

Carol has been an educator in the Eastern Townships for thirty years in a variety of levels – elementary, high school, and university.

Mary Labbé, Treasurer

A Human Resources Professional with 41 years of experience in the Montreal area. Thirty years spent in management, industrial relations and all aspects of policy and practices.

Yvette Voisard, Secretary

Science teacher for 28 years; President of the Eastern Townships Teachers' Association for 5 years. She is an avid Zumba participant and goes to the gym 3 times a week. She has held the post of Secretary of Lampe since 2009.

FOUNDATION REVIEW COUNCIL

Esther Barnett

After teaching at both the elementary and high school level, Esther served for 15 years as a Commissioner for the Eastern Townships School Board. She worked in the Advancement Office at Bishop's University for 22 years.

Heather Bowman

Heather was Head Nurse in the Operating Room and Director of the CSSS-IUGS Foundation for 8 years. In her spare time she enjoys golf, tennis and biking.

Dian Cohen

Corporate director, Founding organizer, Centre de Santé de la Vallée Massawippi.

Joanne Craig

Professor emeritus, Bishop's University, where she taught for 30 years. She is interested in politics and the arts. She has volunteered with Lampe since 2009.

Wendy Durrant

Member of Corporation of Professional Librarians of Quebec since 1972, she retired from Bishop's University Librarian duties in 2004. She is a member of *Comité de Collections et Services and Conseil d'administration de Bibliothèque et Archives nationales de Québec*, and has been Chair of Lampe Mentoring Committee since 2009.

Claire Holt

Project manager for a non-profit which promotes the socio-economic integration of immigrants. She is involved in Sunday School and youth programs for Bhutanese refugees. She has held the post of Lampe Marketing Director since 2011.

Judy Hopps

Judy brings more than 30 years of experience in the field of philanthropy working with non-profit organizations in institutional advancement, major gift fundraising, corporate communications and donor relations.

Mary Labbé

Upon retirement, Mary returned to her hometown of Ayers Cliff, and now enjoys golf and adventure travel. She has been Treasurer of Lampe since 2009.

Elizabeth Mazurek

Originally from Calgary, Alberta, Liz works in the field of higher-educational fundraising. When not working for Bishop's University, Liz enjoys cross stitching, reading and playing the piano.

Carol Mooney

As a volunteer, Carol organizes walking groups and has served as President of CFUW, Sherbrooke & District. She participates in golf, bike-riding and snowshoeing.

Scott Stevenson

President, Stevenson and Writers, editor, translator

Heather Stewart

Retired nurse, Sherbrooke Hospital, member of the Sherbrooke Hospital Foundation

Yvette Voisard

Secretary of Lampe, retired teacher, avid reader, gardener and grandma.

Committees

Finance Committee

Dian Cohen, Heather Bowman, Mary Labbé (chair), Judy Hopps, Carol Mooney (sec'y).

Scholarships and Criteria Committee

Heather Bowman, Carol Mooney, Joanne Craig, Judy Hopps, Yvette Voisard

Mentoring

Wendy Durrant (chair), Carol Mooney (sec'y), Joanne Craig, Esther Barnett. Kirsten Branigan (student)

Selection

Ruth Atto, Heather Bowman (chair), Joanne Craig, Allison Connelly, Wendy Durrant, Judy Hopps, Mary Labbé, Carol Mooney, Heather Stewart

Marketing

Claire Holt (chair), Heather Bowman, Elizabeth Mazurek, Carol Mooney

Governance

Dian Cohen (chair), Carol Mooney, Heather Bowman



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www.lampefoundation.org

Charitable registration number BN892912965R0001.

Please donate on-line at www.lampefoundation.org/donate

