



2015 REPORT TO COMMUNITY

Affiliated with Canadian Federation of University Women, Sherbrooke & District

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Co-Presidents' Letter to Stakeholders

ABOUT US

LAMPE Foundation, founded in 1993, is a community-based, volunteer-managed, not-for-profit organization. It is dedicated to supporting students who have demonstrated their ability to serve their communities as leaders and/or who are training to become bilingual health professionals and who choose to build careers and serve the communities of the Townships. The Foundation is governed by an independent board of directors.

OUR MISSION

We are dedicated to encouraging women and men from the Eastern Townships and across Canada to continue their education in order to improve their own lives and the wellbeing of the Townships community. We offer financial and mentoring support to students who have demonstrated their ability to become leaders in their community, and to those who are training to become health care professionals in the Townships.

Dear Stakeholders,

It is hard to believe that spending less than two hours filling out a scholarship application form can lead to a life-changing experience. Yet, several Lampe winners can speak proudly and enthusiastically of their new lives. Some are quietly grateful; others will express their feelings emotionally.

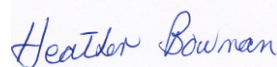
At the persistent urging of teachers at a local elementary school, a fellow teacher's aide, ten years out of school, completed the Lampe application and returned to university with the assistance of Lampe funding. Becoming a Lampe winner launched her into new learning brimming with confidence. She completed her degree, gained employment as a teacher and now explores the world whenever she can.

One health care student earned more than one Lampe award thanks to her diligence in completing the application forms and seeking individuals to reference her work and character. Her children are most grateful to their mother's perseverance in her studies. She loves her new job.

A new Canadian launched an innovative agricultural business thanks to a generous Lampe award. He and his family are now building on ways to expand on their early successes.

Also award recipients from the 1980's and 1990's speak poignantly about the difference access to education has made for them. This is most heart-warming to all of us in the Foundation. One physician, a 1991 winner put it this way, "As I look back now more than twenty years later, it is not so much the money that was important. It is the fact that a group of women I highly respect, chose me. That thought stays with me."

For more than 20 years, the Lampe Foundation has been making a difference through its support of many talented young people who are now providing leadership in their own way to their communities in the Eastern Townships and beyond. The examples cited above speak volumes about how the Lampe Foundation with your critical financial support has helped to transform their lives. As you read our 2015 Report to Community, we hope you will be as enthusiastic as we are about helping students achieve their educational aspirations. We invite you to learn about three of our award recipients (pages 3-6) and their inspiring stories.



Co-President



Co-President

Making a Difference in Their Community

The Lampe Foundation is proud to have supported many students achieve their educational dreams. Read on to see what happened to three promising students after completing their studies.



Manon Guay is a great example of a bilingual young woman navigating motherhood and an exciting career right here in the Townships. With children aged 15, 5 and 1, she returned to work in the fall 2015 as assistant professor in the Department of Rehabilitation in the Faculty of Medicine and Health Sciences of the University of Sherbrooke.

Growing up, Manon watched her mother return to school to become a nurse while raising her four children, convincing her that it was possible to have it all. She is quick to add that it was her father who encouraged his wife and his children to continue with their studies and reach their career goals.

Graduating McGill in 1992 in occupational therapy, she had always known that she wanted to work in health care but hesitated between physiotherapy, speech therapy and occupational therapy. Occupational therapy's broad focus as well as the practical interventions with clinical practice finally solidified her choice. She encourages young students to select courses that maximize their options. She also suggests taking on volunteer experiences or accompanying a professional to observe first-hand professionals at work.

Remaining connected to the clinical application of her field, Manon's education continued to a Masters in Research in 2008 at the University of Sherbrooke, a Doctorate in Clinical Sciences in 2012 and a post doctorate from the National Institute for Aging with the University of California in 2013. Although she is now also a researcher, manager and professor, she continues to work as a clinician with the home care team at the CSSS Memphremagog providing services to the elderly. She remains fascinated by research into the needs of those over 90 years, a group growing rapidly but for whom little research has been done.

It was during Manon's Masters that she was awarded the **Jan and Diana Kuilman Memorial Scholarship** from the Lampe Foundation. She learned of the scholarship while reviewing potential sources of student financing on the University of Sherbrooke's website. *"It was the first time that I had completed an application for a bursary and I had to rewrite the application several times since I wanted to write it in English. This helped me become more comfortable applying for bursaries and was a great learning experience. Now, as a researcher, a large part of my responsibilities involves writing requests*

for research grants". She was grateful for the financial help and for being recognized by the Lampe Foundation. Manon is just one of the hard-working and inspiring students that the Lampe Foundation has supported in recent years.



Nathalie Schiebel is currently a technical writer at Ciena in Ottawa. Ciena is a market leader in telecommunications operating in over 60 countries with approximately 4500 professionals across the Americas, Asia and Europe. Its customer base comprises nearly two-thirds of the world's largest service providers, including the world's largest mesh networks, Fortune 2000 global enterprises with a strong track record in mission critical financial and healthcare networks; research and education institutions; and, other essential government agencies, including the world's largest defense network.

Nathalie was a student at Bishop's University studying Honors English with a minor in drama when she was awarded the **Eileen Healy Prize for Leadership** by the Lampe Foundation in 1990. Her studies in English and drama at university gave her experience in studying difficult texts and in researching and writing essays. Prior to Bishop's, Nathalie, a native of Montreal, studied pure and applied science at Vanier College that also prepared her for her future work by making her familiar with technical concepts. She then completed a Master's degree in English at Western and went on to begin a PhD in English at the University of Ottawa.

At Ottawa she was a teaching assistant in a course in technical writing taught by a technical writer at Nortel who was also a part-time professor at the University of Ottawa. The professor needed help with a project on which she was working and offered Nathalie the chance to pursue an opportunity at Nortel. For the first nine months to a year the professor helped her to find the sources she needed and to learn the differences between academic and technical writing. For instance, while academic writing strives for variety of expression, technical writing always uses the same terms to describe the same things and consistently uses active sentences. After two years on contract she had a job with Nortel. When Nortel collapsed in 2001, Nathalie took six years off to have and raise her three children.

According to Nathalie, students pursuing a career in technical writing need to love new things and to find innovative technology fascinating. For instance, advances in physics have increased the speed with which data can be transmitted, with the result that we now get our entertainment from Netflix, rather than at the video store. Technical writers must be able to adapt their research skills to new areas. They need to internalize and synthesize what they have learned through their research in order to be able to explain it in writing. She also advises students to be open to opportunities that may not be exactly what they want. A degree in English or in professional writing has a broad basis that sets them up for a range of possibilities and choices.

Nathalie found her experience in the drama department helpful in learning to cope with deadlines and with stressed-out groups. She also suggests working on a university newspaper or magazine. Through her involvement with the Miter, the literary magazine at Bishop's, she learned about editing and pulling a presentation together. It's important to know how to function as a team and collaborate with colleagues. Nathalie and a fellow student would read their essays aloud to one another. They could catch weak spots in the essays at points when the reader slowed down or faltered.

Nathalie's emphasis on flexibility is related to her view of the long term future in her field. As the interface design of consumer products improves and the products become more intuitive, manuals cease to be necessary. More complex systems like large telecommunications systems still require documentation, though with these too the need will decrease with improvement of design over time. Meanwhile few entry level positions are available, and with the decline of the large Canadian tech companies like Nortel and Research in Motion Canadians are pursuing careers in technology in the United States.

A Conversation with John Poveda*



Lampe: **Tell us about your decision to move to Canada from Columbia.**

JP: Before leaving Columbia, we did extensive research on potential places where we could develop our goals as a family and as individuals interested in agriculture. We looked at Australia, New Zealand, Brazil, the USA and Canada. After many hours of research and much family debate we decided that Canada had the most to offer individuals with our profiles and interests.

Lampe: **Why did you and your family choose Quebec and, more specifically, the Eastern Townships and Coaticook?**

JP: Quebec is by far the best place for a family to establish and develop an agricultural project. There is a strong Union of agricultural producers (UPA), an Agriculture Ministry with policies that favour local agriculture and examples of small scale farmers such as Denis La France, Jean Martin Fortier, Coop Tourne-sol.

Coaticook in the Eastern Townships was simply the best place where we could find all the elements we needed for starting our project: affordable land for rent, an agricultural school with a program in horticulture, expert advice from technicians and agronomists, and, most importantly, an open and generous group of producers willing to teach and share their experiences with others.

Lampe: **How did your education at CRIFA prepare you for your current project? Are your earlier interests and studies relevant to what you are doing today?**

JP: I have a B.Sc. in Biology from Columbia and an extensive background and experience in wildlife conservation, protected areas and sustainable agro-ecosystems. In my work with many individuals

and organizations ranging from public to the private to NGO's to local communities, I encountered many barriers in the way we relate to rural communities. Normally, we just demand from them responsibility towards the environment but we do not necessarily recognize that rural communities are the producers of our food supply – they are the very base of our society.

I decided to forward my career into organic farming simply because I consider that in terms of environmental conservation it is the most important job to be done at the moment. We moved to Canada with the idea of learning about farming and starting our own project of organic produce. In 2013-14, I completed a Certificate in Ecological Agriculture at McGill University and then moved back to Coaticook in July 2014 to begin a “DEP en production Horticole” at CRIFA.

In summary, all our personal and professional experiences have brought us to our project “Via Colibri”. We love our work knowing that organic production is extremely important and meaningful here in the Eastern Townships.

Lampe: **What kind of supervision/mentoring did you have when you were starting out?**

JP: During the first two years of our project the support we received includes great courses at McGill and CRIFA, expert advice from technicians and professional agronomists, practical solutions to everyday challenges in a farm as well as financial support from various institutions at the provincial, regional and NGO levels. We would like to acknowledge our teachers from CRIFA, Renaud-Pierre Boucher, Lucy Choquette and Nataly Lanoix for all their help and great advice; our friends and mentors, James Sheldon and Myriam Fortier, owners of “Les jardins de l’arpenteuse” in Ayer’s Cliff; and finally, we would like to thank organizations such as CIARC, CLD Coaticook and the Lampe Foundation for their constant support and goodwill towards our project.

Lampe: **What advice would you like to have had when you were starting out?**

JP: Looking back on our journey, we think as entrepreneurs we should have spent more time and energy in the development of the marketing strategies for our project. In 2016, we plan to achieve our goal of 25 baskets and participation in 2 local farmer’s markets.

Lampe: **How can the Lampe Foundation encourage young people to go into agriculture?**

JP: We believe that networking would be a very effective way to help young people build their entrepreneurial capacities in agriculture. For example, agriculture students can benefit from a Lampe Foundation stimulus to participate in the “Guelph Organic Conference” or participate in a field visit organized by “Equiterre”. Participation in this type of event improves the network capacity of the student and provides them with specific tools to succeed in their field of interest.

**John Poveda was the first recipient of the Lampe-Tillotson Agricultural Award in 2014. John and his family started a small-scale, bio-agricultural project ‘Via Colibri’ in Coaticook that sells organic vegetable baskets throughout the summer months.*

Making a Difference in Their Community (cont'd)

Janice Vaudry Carey – 1984 Eileen Healy Prize winner teaches English at **Bishop's College School**, Lennoxville, QC.

Sharon Runions - 1987 Eileen Healy Prize winner is a **Clinical Nurse Specialist, Regional Inpatient Stroke Prevention Clinic, North & East GTA Stroke Network at Sunnybrook Health Sciences Centre**.

Katherine Hamilton – 1988 Eileen Healy Prize winner is **Assistant Professor, Chemistry at Acadia University**.

Eleni Galanis - 1991 Champlain College Science Award is a **Physician Epidemiologist, BCCDC and Assistant Professor, School of Population & Public Health, UBC**.

Suzanne Banfill - 1996 Eileen Healy Prize winner is a **Family Doctor at Centre Hospitalier Coaticook** and is also **Doctor, Health Services** at the Bishop's University clinic.

Norma Husk – 1997 Eileen Healy Prize winner is a **professor at Bishop's University**, Lennoxville, QC.

Erin Toole – 1998 Eileen Healy Prize winner is **Associate General Counsel with the Financial and Consumer Services Commission of New Brunswick** in Saint John.

Amy Kierstead - 2000 Eileen Healy Prize winner is a **professor of Organic Chemistry at the University of New England**.

Jessica Cady - 2002 Champlain College Science Award winner is a **veterinarian at Ottawa-Carleton Veterinary Hospital**.

Heather Dezan – 2005 Eileen Healy award winner is currently living and working in Winnipeg, MB. Heather graduated from Bishop's University in Business with a major in Human Resources. After completing a Master of Sciences in Organizational Behaviour at Queen's University, Heather moved to Winnipeg about 7 years ago where she is currently **Human Resources Director for Investor's Group** for Eastern Canada.

Cora Loomis - 2006 Diana & Jan Kuilman Memorial and Champlain Science awards winner is a **Dietician, Health, Wellness and Fitness** in Sherbrooke, QC.

Sara Limpert – 2006 Eileen Healy Prize winner is **Quality Program Implementation Officer at the Nova Scotia Department of Health & Wellness**, Halifax, NS.

Jenny Davis - 2009 winner of the Sherbrooke Hospital Foundation Award in Health Assistance and Nursing Care is working at **CHUS Hotel Dieu** in Sherbrooke.

Vannessa de Serre – 2010-2012 Sherbrooke Hospital Foundation Donna Draper Award winner is pursuing a **Bachelor's degree in nursing at Université de Sherbrooke**, Longueuil Campus.

Lynda Goyette – 2010 Sherbrooke Hospital VTC award winner works at **La Maison Aube-Lumière**.

Claire Holt – 2010 Eileen Healy Prize winner is **Executive Search Coordinator at Knightsbridge Robertson Surette** in Halifax, NS.

Caroline Fauteux – 2011 and 2013 Lampe SHF award winner and graduate of Champlain Nursing Program obtained her **BAC in Nursing** from the **Université de Sherbrooke**. She is currently a clinical nurse at the Bowen Street Clinic SAMI and teaches Biology at U de S.

Samantha Juraschka – 2011 Eileen Healy award winner completed her BBA in finance and marketing and was chosen as one of the Next 36 Entrepreneurial Leaders in Canada. The Next 36 is an incubator-style program that enables Canada's next leaders to build a mobile/web business. Samantha is currently **Product Manager & Digital Strategist for Blue Ant Media's DIY lifestyle brand Makeful**.

Meaghan Barlow – 2012 Eileen Healy Award winner has made a difference in the life of one of our CFUW members. Meaghan is currently completing her **Master's of Arts at Concordia University**. Her thesis research is examining the buffering effects of health-related, self-protective control strategies on the relation between chronic illness and loneliness in older adults (64-83 years).

Samantha Brooks – 2012 Lampe and Tillotson VTC award winner, is giving back to her community. At the Tillotson Coaticook Regional Fund Presentation evening, she received a grant to develop a soccer league in Lennoxville for the summer of 2014. She has lots of interest and great help from her husband. Currently, Samantha is working for the **Sherbrooke CLSC home care** program.

Alexia Colombe Léveque - 2012 Lampe Foundation Champlain Science award winner is studying **Neuroscience at McGill University** and is training a Mira dog to be a companion for the visually impaired and autistic children.

Sarah Fournier - 2012 Marlis & Sigrid Wehr mature student award winner is studying **Liberal Arts at Bishop's University**.

Brooke Latulippe – 2012 Sherbrooke Hospital Foundation Scholarship award winner graduated from McGill University. She has been accepted to the Nurse Practitioner Master's Program at the University of Manitoba in September 2016.

Alyson Wener (Alyson Leah – as she is known professionally) - winner of the first Helen F. Armstrong Award in 2012 is an actress in Montreal. Alyson is a **Montreal-theatre, film and voice actor**.

Susan Magwood – 2013 Marlis & Sigrid Wehr Mature Student Award winner is the **Administrative Athletic Assistant at Bishop's College School**.

Karen Painter – 2013 One Room Schoolhouse Award winner is an **early intervention and resource teacher at Lennoxville Elementary School**.

Trisha Thomas – 2013 VTC Machining and Welder award winner is working as a **welder at Pro Par**.

Vicky Fyfe – 2013 École de Réadaptation Award winner has a successful **physiotherapy practice in Magog and Ayer’s Cliff**. She has received many accolades for her work at the Centre de Santé de la Vallée Massawippi in Ayer’s Cliff.

Erica Zucker – 2014 Eileen Healy Prize winner was awarded a community service award from the Golden Key International Honor Society.

Cheryl Brus Peterson – 2012-2015 Lampe-Tillotson Physician Award is on an internship in the Philippines and she will begin her residency in Family Medicine starting in July 2016. She plans to remain in the Townships.

“I want to thank you for making the Helen F.M. Armstrong award possible. I am so honoured to receive this award as a testament to my love of the arts and my community. I greatly appreciate your work to help students like me through their education.”

Megan Buchkowski

2015 Winner of the Helen F.M. Armstrong Award in Fine Arts

“I knew from the moment I first visited Lennoxville that I was about to become part of a community I can call home. You have given me the opportunity and privilege to do the work that my heart is completely invested in; community involvement and campus involvement. Thank you for your generosity and support.”

Lisa Astrologo

2015 Winner of the Eileen Healey Prize in Leadership

Our Scholars 2015

Award recipients are selected by the Lampe Selection Committee or by one of the Eastern Townships educational institutions. The Lampe Selection Committee is comprised of five members who use a confidential and objective process to select each winner. The award recipients are as follows:

Award	Award Recipient (S)
Daphne & Lorraine Codere Awards, Alexander Galt Regional High School	Paul Nimmervoll Michelle Coates
Marlis Wehr History Prize	Louis Dimitri Rebecca Couves
CFUW Leadership - Richmond Regional Regional High School	Leila Morrell
CFUW Leadership - Massey Vanier High School	Miranda Garz
CFUW Leadership - Andrew S. Johnson Memorial High School	Morrell Gourde
CFUW Leadership – Alexander Galt Regional High School	Hannah Hornibrook
Lennoxville Vocational Centre (VTC)	
<ul style="list-style-type: none"> Sherbrooke Hospital Foundation (SHF) Health Award (3) 	Alexandra Faye Hobbs Wasiq Hamib One not awarded
<ul style="list-style-type: none"> Professional Sales Welding-Fitting 	Not awarded Kelly Mills
Lampe-Tillotson (VTC)	Angela Coulombe Eric Breault
Lampe-Tillotson (Champlain Nursing)	Marie Soleil Larouche
Champlain College Science	Di Sun
SHF Health Awards	Sarah-Hannah O’Reilly Emily McGregor Emily Coddington Samuel Dupont-Desbiens
Donna Draper Award – SHF	Maureen Enakhume Daphnée Carrier Saratou Sani-Assouman Sarah Lafrenais
Eileen Healy Leadership Prize – Bishop’s University	Lisa Astrologo
One Room Schoolhouse – Bishop’s University	Kohl Kelso

Our Scholars 2015 (cont'd)

Awards	Award Recipient(s)
Diana & Jan Kuilman Memorial	Marie Pier Morvan
Helen F. M. Armstrong in Fine Arts	Megan Buchkowski
Marlis & Sigrid Wehr Mature Student	Vicki Veilleux
Norma Reiss Returning Student	Natalya Vermenko
Lampe-U de S École de Réadaptation	Gabriel Cabana Boucher Christian Longtin Marie Giard Dubois
Lampe-Tillotson Prix de Médecin/Physician's Award	Cheryl Brus Peterson
Lampe-Tillotson Agriculture Award (CRIFA)	Jonathan Veilleux Lydia Charron
CFUW Sherbrooke & District-Lampe Commemorative Award*	Emily Coote

*new award

Lampe-Tillotson Agriculture Award Winners



L to R: C. Mooney, J. Veilleux, L. Charron, H. Bowman, A. Veilleux

Eileen Healy Prize for Leadership



Lisa Astrologo with Michael Goldbloom, Principal, Bishop's University

Our Scholars 2015 (cont'd)

Scholarship Recipients at Awards Night 2015



Université de Sherbrooke Winners
with the Dean, Faculty of Medicine & Health Sciences



L to R: M.P. Morvan, V. Veilleux, N. Vermemko, C. Brus Peterson
M. Giard Dubois, C.Longtin, G. Cabana Boucher, Dr. P. Cossette

Donna Draper & Tillotson Award Winners



L to R: D. Carrier, S.S. Assousman, M.S. Laroche, M. Enakhume

“As a recipient of the Donna Draper Award, I would like to seize this opportunity to express my sincere appreciation for your support. It means a lot to me that you have so much confidence in me to complete my diploma and reach my goals. The money you are investing in me today is not wasted. You are polishing the future of our society through the recipients of the awards. Thank you for your generosity. My family and I are very grateful for the joy and happiness you bring us.”

Saratou Sani Assouman, 2nd year nursing student, Champlain College, Lennoxville

“This scholarship has a very positive impact on my reality. Being a single mother of a 10-year old boy and very committed to my community, choosing to embark in a long and demanding curriculum demands a lot of courage. If it were not for support like yours, it would simply not be possible. Thank you for being sensitive to life circumstances like mine.”

Vicki Veilleux, 2015 Marlis and Sigrid Wehr Mature Student award

“This award has shown me that my effort and hard work is being recognized. Thank you and I take it to heart that my effort and hard work are appreciated which will continue to push me to be the best I can be.”

Rebecca Couves, AGRHS Marlis Wehr History Prize

“By awarding me the Donna Draper Award, I am able to concentrate on my education. Your financial generosity has allowed me to be one step closer to my goal and has inspired me to help others by giving back to the community. I hope one day that I will be able to help other students achieve their goal as you have helped me. Thank you so much.”

Maureen Enakhume, 2nd year nursing student, Champlain College, Lennoxville

Our Mentors

One of the ways the Lampe Foundation provides educational support for students and graduates is through its mentorship programme. We offer award winners, present and past, the opportunity to be matched with a mentor, a person who can help them and guide them in the attainment of their career goals.



Members of the Mentoring Committee

L to R: Esther Barnett, Joanne Craig, Wendy Durrant, Kirsten Branigan

The benefits of having a mentor include:

- Networking contacts
- Tips on developing a professional image
- The opportunity to clarify career goals
- Knowledge concerning business ethics and etiquette
- Enhancement of employability
- Exposure to the workplace

The benefits of the relationship to the mentor include:

- A fulfilling way to help someone who is just starting out in their chosen profession.
- A way to give back as a bright new person embarks on the path the mentor might know something about.
- A meaningful opportunity to share their experience and knowledge gained over many years.

We have seventeen mentors in various fields such as business, education, health care, music and welding. In the past we have had six matches and are projecting more in the spring.

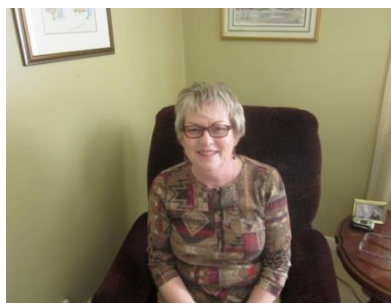
Our continuing match is in the health care sector between Caroline Fauteux and R.N. Sandra Spaulding Klinck. This year Caroline obtained her BAC in Nursing from Université de Sherbrooke. Currently Caroline is a clinical nurse at the Bowen Street Clinique SAMI, in charge of a multidisciplinary team of around two hundred and sixty HIV positive patients. She also teaches biology at Université de Sherbrooke.

A new match this year was between Megan Buchkowski, winner of the 2015 Helen Armstrong Award in Fine Arts, and Maryse Simard, a local musician and Choir Director.



Krystyna Kouri, left, is Director of Nursing at Champlain College, Lennoxville. She is a mentor for the Donna Draper Award recipients.

Allison Connelly, right, is a mentor for Education. She received her degree from MacDonald College and has taught in elementary schools in Montreal, Rawdon, and Lennoxville. Allison is an active participant in community affairs.



Maryse Simard is a mentor for Music. She studied at Université St. Paul, Université d'Ottawa, École Vincent d'Indy and Bishop's University. Maryse is currently Organist and Choir Director at Bishop's College School as well as Music Director, Choir Director and Organist at Lennoxville United Church. In addition, she volunteers to play piano and organ for many organizations. Many young musicians have benefitted from her coaching and mentoring.

Social Event for 2015

On November 19, 2015 the Mentoring Committee held a social event in the lower room of the Golden Lion Pub. The purpose of the meeting was to honour our non-nursing award recipients and their accomplishments. In addition, we wished to provide the opportunity for winners to meet other winners as well as members of the academic and Lampe communities. All those attending had a good time meeting and reconnecting with our award winners.



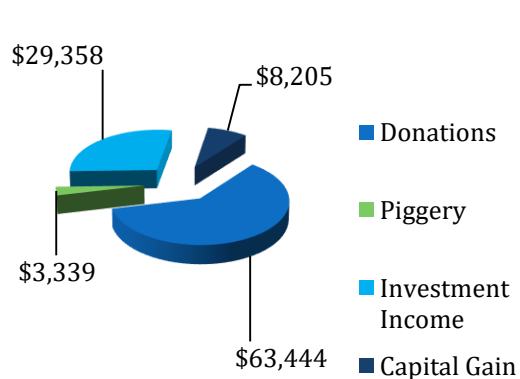
Our Financial Summary

Since its founding in 1993, the Lampe Foundation has increased its asset base from less than \$20,000 to \$691,882. The assets provide the Foundation with the necessary reserves to offer a minimum of 25 awards and enable Lampe to provide the ongoing funding to our scholars holding renewable scholarships and bursaries.

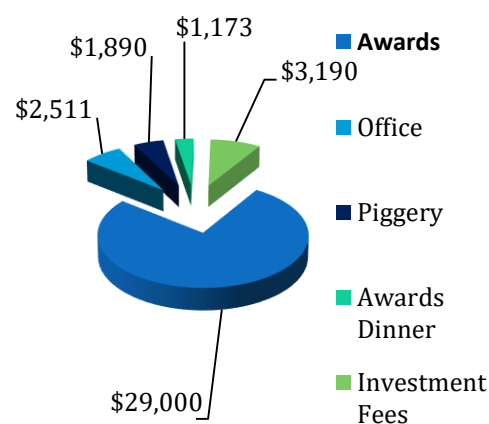
The following is a summary of our financial statements for the year ending December 31, 2015. Statements are available at www.lampefoundation.org.

	December 31 st 2015	December 31 st 2014
	\$	\$
Assets		
Cash	8,835.69	5,151.63
Investments	<u>683,046.62</u>	<u>620,149.83</u>
	<u>691,882.31</u>	<u>625,300.83</u>
Capital		
	<u>691,882.31</u>	<u>625,300.83</u>

Revenue 2015

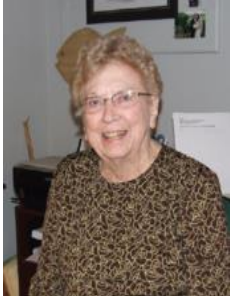


Expenses 2015



Our Donors & Partners

A Special Thank You to Dr. Roberta Cameron



Dr. Roberta Cameron, former CFUW member and presenter, and resident of the Wales Home has made a very generous donation to the Lampe Foundation. She has completed two Bachelor of Arts degrees; a Master of Arts at Bishop's and a PhD in religion. Dr. Cameron, a true lover of life-long learning and education, received all her degrees in her later years.

The Lampe Foundation has allocated some of the funds to the **One Room Schoolhouse award**. The winner will now receive \$1000. The increase recognizes Roberta, the teacher and also the CFUW Sherbrooke & District members who authored the book, *One Room Schoolhouses in the Eastern Townships*. As well, funds were allocated to match donations to the **Eileen Healy Prize for Leadership**; the award has now been endowed.

All contributions, large and small, help to advance our mission. The Lampe Foundation thanks the following individuals for their support. This report gratefully acknowledges those who have made a donation between January 1, 2015 and December 31, 2015.

B. Allatt	M. Faith	O. Molinar
J. Angrave	S. Gagliardi	C. Mooney
E. Barnett	P. Grant	E. Mazurek
S. Bayley	J. Hertog	E. Pelchat
H. Bowman	C. Holt	G. Richards
S. Butler	J. Hopps	M. Rhodes
R. Cameron	C. Hurd	R. Robinson
L. Chacra	N. Husk	E. Scheib
L. Chartier	D. Jessop	N. Schiebel
E. Cope	M. Labbee	L. Sheard
J. Craig	C. Lawrence	B.T. Smith
L. Dignard	S. Limpert	M. Trousdell
D. Duncan	J. Loiselle	M. Trower
W. Durrant	C. McKinley	R. Turmel
A Dwyer	F. McLeod	Y. Voisard
		J. C. Weber

And to the many supporters of the Piggery Theatre Night and CFUW, Sherbrooke & District 2015 Summer Market Silent Auction and Book Sale.

The Lampe Foundation also gratefully acknowledges the financial support of our partners who help make a number of our awards possible.

- Bishop's University
- CFUW, Sherbrooke & District
- Sherbrooke Hospital Foundation
- Tillotson Coaticook Regional Fund
- Université de Sherbrooke, Faculty of Medicine & Health Sciences

Our Volunteers

Volunteers are the heart and soul of the Lampe Foundation. From its beginning, the Lampe Foundation has relied on a cadre of volunteers to provide direction, strategy, selection, mentoring, marketing and promotion as well as a variety of administrative duties. The ability of people to work willingly together for the betterment of their community is truly a priceless resource. Had our volunteers been paid according to their skills, their hours, if billed, would be in excess of \$75,000.

Ruth Atto
 Esther Barnett
 Heather Bowman
 Dian Cohen
 Allison Connelly
 Joanne Craig
 Wendy Durrant
 Sera Gagliardi

Randi Heatherington
 Claire Holt
 Judy Hopps
 Sandra Klinck
 Krystyna Kouri
 Mary Labbé
 Elizabeth Mazurek
 Carol Mooney

Sarah Preston
 Gary Richards
 Mary Rhodes
 Joe Ruscigno
 Bev Taber Smith
 Maryse Simard
 Heather Stewart
 Rosemary Turmel
 Yvette Voisard

A special thanks to all the members of the CFUW, Sherbrooke & District who made the 2015 Summer Market Silent Auction a success.

A Special Thank You to Claire Holt, Director of Marketing

It was with mixed emotion that we said good bye to Claire Holt this past summer. Claire and her husband, Nathan King decided to move back to her hometown of Halifax to pursue their careers. Claire is Executive Search Coordinator Knightsbridge Robertson Surette. On behalf of the Lampe Foundation, thank you Claire for all your hard work and efforts for the Foundation. Our best wishes for success to you and Nathan in all your future endeavours.

Our Governance

Board of Directors

Heather Bowman, Co-President

Heather has been involved in the Health Care system for over 40 years. She has been President of Townshippers' Association and of CFUW, Sherbrooke & District.

Carol Mooney, Co-President

Carol has been an educator in the Eastern Townships for thirty years in a variety of roles and levels – elementary, high school and university.

Mary Labbé, Treasurer

Mary has been Treasurer of Lampe since 2009. After a successful career in Human Resources management in the Montreal area, Mary has returned to her hometown of Ayers Cliff and now enjoys adventure travel and golfing.

Yvette Voisard, Secretary

A Science teacher for 28 years and President of the Eastern Townships Teachers' Association for 5 years, Yvette is an avid Zumba participant and goes to the gym three times a week. She has held the post of Secretary of Lampe since 2009.

Foundation Review Council

Esther Barnett – After teaching at both elementary and high school level, Esther served as a Commissioner for the Eastern Townships School Board. She also worked in the Advancement Office, Bishop's University for 22 years.

Heather Bowman – Heather was Director of the CSSS-IUGS Foundation and is committed to the community as a volunteer. Director of Townshippers' Association Board of Directors, Involved with Regional Table for services to the elderly.

Dian Cohen, CM., OM – Dian is a Corporate Director, Founding organizer of Centre de Santé de la Vallée Massawippi.

Joanne Craig – Joanne is Professor emeritus, Bishop's University where she taught for 30 years. She is interested in politics and the arts. She has volunteered with Lampe since 2009.

Wendy Durrant – A member of the Corporation of Professional Librarians of Quebec since 1972, Wendy retired from Bishop's University Librarian duties in 2004. She has recently completed her mandate as a member of the

Comité de Collections et Services et Conseil d'administration de Bibliothèque et Archives nationales de Québec.
Wendy is a member of the Archives Sub Committee of the Eastern Townships Resource Centre and has been Chair of the Lampe Mentoring Committee since 2009.

Randi Heatherington – Randi is professor of Special Care Counselling and Advisor for Aboriginal Services at Champlain College Lennoxville. She is an active member of several Administrative Boards including Carrefour Jeunesse Emplois du Haut St. François, St. Paul's Rest Home of Bury and the Lampe Foundation. Randi's hobbies include wildlife photography and painting with watercolor.

Judy Hopps – Judy brings more than 30 years of experience in the field of philanthropy working with a variety of non-profit organizations in institutional advancement, major gift fundraising, corporate communications and donor relations. She is also President, Memphremagog Wetlands Foundation.

Mary Labbé – Upon retirement, Mary returned to her hometown of Ayer's Cliff and now enjoys golf and adventure travel. She has held the post of Treasurer since 2009.

Elizabeth Mazurek – Originally from Calgary, AB, Liz works in the field of higher education fundraising. When not working at Bishop's University, Liz enjoys cross stitching, reading and playing the piano.

Carol Mooney – As a retired educator, Carol now volunteers in local community organizations. Currently, she is president of the Centre de Santé de la Vallée Massawippi and past president of CFUW, Sherbrooke & District. Carol organizes walking groups and participates in golf, bike-riding and snowshoeing.

Sarah Preston – Playtherapist and teacher. Recently retired from the Toronto District School Board, Sarah returned to the Townships and is now volunteering in the Library at Ayer's Cliff Elementary School as well as Lampe. Sarah's interests include travel, history, the arts and education.

Gary Richards – a former university administrator and freelance translator and communications consultant, is an active volunteer devoting considerable time to such challenges as land conservation, community philanthropy and promoting classical music in the Townships.

Marie Trousdell - is a certified health executive who has worked in the health care field for over 45 years. Since her retirement in 2012 she has been working part-time as a consultant with Accreditation Canada International. Marie is on the Board of Directors of the Foundation of the Musée des beaux arts de Sherbrooke. She is presently president of CFUW Sherbrooke and District.

Yvette Voisard – Secretary of Lampe, retired teacher, avid reader, gardener and grandma.

Our Committees

Finance

Mary Labbé (Chair)
Dian Cohen
Heather Bowman
Judy Hopps
Carol Mooney (Secretary)

Mentoring

Wendy Durrant (Chair)
Carol Mooney (Secretary)
Esther Barnett
Joanne Craig
Kirsten Branigan (Student)

Selection

Heather Bowman (Chair)
Ruth Atto
Esther Barnett
Allison Connelly
Wendy Durrant
Carol Mooney
Sarah Preston
Heather Stewart

Scholarships & Criteria

Heather Bowman (Chair)
Carol Mooney
Joanne Craig
Judy Hopps
Yvette Voisard

Marketing

Judy Hopps (Chair)
Heather Bowman
Elizabeth Mazurek
Carol Mooney
Gary Richards

Governance

Dian Cohen (Chair)
Heather Bowman
Carol Mooney



L to R: Y. Voisard, E. Barnett, H. Bowman, C. Mooney, W. Durrant, J. Craig, E. Mazurek, M. Labbé

Notes



Lampe Foundation

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Charitable Registration Number: BN892912965R0001

