



2024 REPORT TO COMMUNITY

Charitable Foundation of Canadian Federation of University Women, Sherbrooke & District

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ABOUT US

LAMPE Foundation, founded in 1993, is a community-based, volunteer-managed, not-for-profit organization. It is dedicated to supporting students who have demonstrated their ability to serve their communities as leaders and/or who are training to become bilingual health professionals and who choose to build careers and serve the communities of the Townships. The Foundation is governed by an independent board of directors.

OUR MISSION

We are dedicated to encouraging women and men from the Eastern Townships and across Canada to continue their education in order to improve their own lives and the wellbeing of the Townships community. We offer financial and mentoring support to students who have demonstrated their ability to become leaders in their community, and to those who are training to become health care professionals in the Townships.

Dear Stakeholders,

As President of the Lampe Foundation, it is heartwarming for me to hear the many success stories of our scholarship winners and how appreciative they are of the financial support they have received that has contributed to their educational successes. Lampe Foundation donors have continued to donate to maintain the sustainability of Lampe awards.

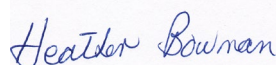
In 2024, Lampe initiated the Rural Opportunity Scholarship because of its very successful 30 for 30 campaign. The first scholarship was awarded at our Spring Awards in May 2024. As well, the Melissa Bowman-Pieters Scholarship in Athletics was established in 2024. This scholarship is for a student pursuing their post-secondary education (CEGEP or university) and has a passion for varsity sports. The first scholarship will be awarded in May 2025.

From the beginning, the Lampe Foundation has awarded scholarships and bursaries to young women and men at several levels of education from high school to university. In 1993, four awards were given out valued at just over \$1000; in 2024, 52 awards were handed out valued at over \$61,000. More than half of the awards were in the health sector largely thanks to the generous donation from the Sherbrooke Hospital Foundation in 2008. As a result, the number of future physicians, nurses, orderlies, social workers, physiotherapists and occupational therapists, and others in healthcare are being strengthened at a time when medical shortages continue to mount across the health spectrum.

The members of CFUW Sherbrooke & District are the greatest supporters and donors of the Lampe Foundation. The list of visionary women, Eastern Townships families and organizations who have made major contributions to the success of their charitable foundation is lengthy. They continue to feel a great sense of pride and derive immense satisfaction as it continues to recognize the noteworthy students of the Eastern Townships and beyond.

Thanks to the generosity of the Sherbrooke Record, we have been able to continue showcasing our scholarship winners in December and May. Lampe is also very appreciative of our partners who help make possible several of Lampe's scholarships, namely, The Tillotson Coaticook Region Fund, Richmond Regional High School, Phelps Help, North Hatley Village Improvement Society, Alexander Galt Regional High School, CFUW Sherbrooke & District and Université de Sherbrooke, who endure as important financial contributors to the success of Lampe. In addition, Lampe has been pleased to collaborate with families wishing to preserve the memory of a cherished loved one.

I hope that you enjoy reading our 2024 Report to the Community. A special thank you to all our scholarship winners, our donors, our community, and institutional leaders who are our partners in helping the Lampe Foundation build relationships that endure a lifetime.



President

A Tribute to Dian Nusgart Cohen, C.M., O.M. (1932-2025)



“Come to the common room tonight to meet a speaker who explains compound interest in plain English.” Those were the words of my Bishop’s roommate in 1965. I went. The speaker was Dian Cohen, and my roommate was right.

Several members of the current Lampe Foundation were teenagers then. We and our parents grew up with Dian. As an economics and business commentator, she brought depth of understanding of business complexities to a new level. Some of you will remember Dian as the author of the Royal Bank Newsletter. Perhaps, her syndicated columns in Maclean’s magazine or her morning voice on CJAD, CBC or CTV will be your memories. To her dying day, she continued to advise individuals, groups and company boards on financial matters. Her last column in the Sherbrooke Record appeared on May 13, 2025, a week after she died. She often made the comment, “I knew I was better at teaching and communicating economics than being an economist.”

Born in Manitoba, she has lived and worked in Toronto, Montreal, New York and Hatley in the Eastern Townships. She has spent most of her life in Quebec: she brought her young family to Hatley in 1975 because she thought it would be “a good place to live.” The Eastern Townships community is richer from her presence.

Since her 65th birthday Dian continued to throw herself into projects that give back to the Quebec and Eastern Townships community, the same community that she informed and energized during her 35-year career in broadcasting. As Director of several corporations, chair of fund-raising organizations, guiding force behind scholarship and hospital foundations, and founder of the Massawippi Valley Health Centre, she continued to contribute substantially to the community. Known as the queen of governance, Dian also embraced change and was never risk-averse.

During the 1990’s and into the 2000’s, Dian was instrumental in broadening the reach of the Lampe Scholarship Foundation and overseeing its substantial growth. In 2008, Dian worked with the Sherbrooke Hospital Foundation to guide their decision-making on dispersal of considerable funds. With her leadership, Lampe, the scholarship foundation of CFUW Sherbrooke & District, received a substantial injection of funds to finance Townshippers entering the health sector who commit to remain in the Townships. The generous funds transformed Lampe. Annually, the Foundation now awards over \$50,000 to students, mainly Townshippers, in a wide variety of fields and levels of education. Dian often said of her outreach, “It is time to pay it forward by educating the next generation.”

During this time, Dian founded an Investment Club for the Sherbrooke and District branch of Canadian Federation of University Women (CFUW). In monthly meetings, Dian expertly mentored a group of 20 women who benefitted from her financial insights. The women learned about estate planning, budgetary practices and investment strategies while managing a growing portfolio of stocks. Dian continued to bring depth of understanding on financial matters to the lay person.

As a community builder, Dian's role in Café Main Street deserves special mention. Inaugurated in Dian's 68th year in the Ayer's Cliff, Quebec community of less than 1000 residents, it became a community meeting centre for individuals and groups. Parishioners, walking groups, farmers' guilds, library associations, and literary societies, among others, travelled from near and far to meet at the coffee shop. Senior men, who are not joiners and who might otherwise languish in isolation, would stop by morning and afternoon to engage in conversation. Such conversations were in French or English or some combination of both. Building on her notable achievements in the world of large organizations and corporations, Dian increased community engagement in a rural bilingual community with a cozy coffee shop, complete with fireplace.

One of her last and largest community building projects was the founding of the Massawippi Valley Health Centre (CSVM) and the Massawippi Valley Health Foundation (FSVM). Still energetic and motivated at age 82 in 2012, she delved into learning all she could about health care, something new for her. Dian had a special concern for the health of the rural population of the Massawippi Valley. Prevention of disease and promotion of health were top of mind for Dian. In 2015, CSVM opened its doors with doctors, nurses, and staff in place. FSVM supports CSVM and is actively engaged in promoting the health and well-being of citizens of the Massawippi Valley and beyond.

In conclusion, generations of Canadians will be forever grateful to the visionary Dian Cohen, a truly gifted woman and community builder with multiple abilities. To the Lampe Foundation and citizens of the Eastern Townships, Dian was a leader and friend who left an epic legacy for all of us.

Carol Mooney, Member, Foundation Review Council

May 13, 2025

Making a Difference in their Community

Janice Vaudry Carey – 1984 Eileen Healy Prize winner teaches English at **Bishop's College School**, Lennoxville, QC.

Sharon Runions - 1987 Eileen Healy Prize winner is a **Clinical Nurse Specialist, Regional Inpatient Stroke Prevention Clinic, North & East GTA Stroke Network at Sunnybrook Health Sciences Centre**.

Katherine Hamilton – 1988 Eileen Healy Prize winner is **Assistant Professor, Chemistry at Acadia University**.

Eleni Galanis - 1991 Champlain College Science Award is a **Physician Epidemiologist, BCCDC and Assistant Professor, School of Population & Public Health, UBC**.

Norma Husk – 1997 Eileen Healy Prize winner is a **professor at Bishop's University**, Lennoxville, QC.

Erin Toole – 1998 Eileen Healy Prize winner is **Associate General Counsel with the Financial and Consumer Services Commission of New Brunswick** in Saint John.

Amy Kierstead - 2000 Eileen Healy Prize winner is a **professor of Organic Chemistry at the University of New England**.

Jessica Cady - 2002 Champlain College Science Award winner is a **veterinarian at Ottawa-Carleton Veterinary Hospital**.

Kerri Gibson-Grant-2004 Eileen Healy award winner received her PhD in Psychology from the University of New Brunswick. She is living in Cheticamp, Cape Breton, Nova Scotia and is working as a registered clinical psychologist. During the day she enjoys working full- time as a psychologist with Child and Adolescent Services, working with families from across Cape Breton. Kerri also has her own part-time practice, working with individuals across the life span. Apart from work Kerri is incredibly grateful for her family, and loves being a Mom!

Emilie Pelchat – 2004 Marlis & Sigrid Wehr award winner is moving with family to Halifax where she will begin her residency program in radiation oncology at Dalhousie University in July 2021.

Heather Dezan – 2005 Eileen Healy award winner is currently living and working in Winnipeg, MB. Heather graduated from Bishop's University in Business with a major in Human Resources. After completing a Master of Sciences in Organizational Behaviour at Queen's University, Heather moved to Winnipeg about 7 years ago where she is currently **Human Resources Director for Investor's Group** for Eastern Canada.

Cora Loomis - 2006 Diana & Jan Kuilman Memorial and Champlain Science awards winner is a **Nutritionist and works in Health Services at Bishop's University**.

Sara Limpert – 2006 Eileen Healy Prize winner is **Quality Program Implementation Officer at the Nova Scotia Department of Health & Wellness**, Halifax, NS.

Jenny Davis – 2009 Sherbrooke Hospital Foundation Award in Health Assistance and Nursing Care is working as an LPN at the CLSC Deux Rives on King St. Est in Sherbrooke. She does triage and performs minor surgeries and personal clinics.

Vannessa de Serre – 2010-2012 Sherbrooke Hospital Foundation Donna Draper Award winner is working as Head Nurse at Charles LeMoyne Hospital.

Lynda Goyette – 2010 Sherbrooke Hospital VTC award winner works at **La Maison Aube-Lumière**.

Claire Holt – 2010 Eileen Healy Prize winner is **Executive Search Coordinator at Knightsbridge Robertson Surette** in Halifax, NS.

Anum Ali – 2011 recipient of the Champlain Science Award is now a **clinical development Associate Manager at AstraZeneca**.

Caroline Fauteux – 2011, 2013, 2018 and 2018 Lampe SHF award winner received her Nurse Practitioner designation from Université de Sherbrooke in May 2019 and is now working out of the CLSC on Camirand Street in Sherbrooke. Caroline is the first Nurse Practitioner in Quebec to work with individuals in a program called Opioid Replacement Therapy.

Samantha Juraschka – 2011 Eileen Healy award winner serves as **Chief Operating Officer of EDO Mobile Health Inc.** provides MobiCare, which helps to manage and coordinate the tasks and caregiving responsibilities in a private network.

Meaghan Barlow – 2012 Eileen Healy Award winner is a lecturer in the Department of Psychology at Concordia University.

Samantha Brooks – 2012 Lampe and Tillotson VTC award winner, is giving back to her community. At the Tillotson Coaticook Regional Fund Presentation evening, she received a grant to develop a soccer league in Lennoxville for the summer of 2014. She has lots of interest and great help from her husband. Currently, Samantha is working for the **Sherbrooke CLSC home care** program.

Alexia Colombe-Lévêque - 2012 Lampe Foundation Champlain Science award winner is studying **Neuroscience** at **McGill University** and is training a Mira dog to be a companion for the visually impaired and autistic children.

Sarah Fournier - 2012 Marlis & Sigrid Wehr mature student award winner is studying **Liberal Arts** at **Bishop's University**.

Brooke Latulippe – 2012 Sherbrooke Hospital Foundation Scholarship award winner is now a board-certified nurse practitioner working for Dartmouth Health in New Hampshire. Her practice is in family medicine as well as adult and geriatric medicine. She will be moving back to Quebec with her husband this winter.

Alyson Wener (Alyson Leah – as she is known professionally) - winner of the first Helen F. Armstrong Award in 2012 is an actress in Montreal. Alyson is a **Montreal-theatre, film and voice actor**.

Susan Magwood – 2013 Marlis & Sigrid Wehr Mature Student Award winner is the **Administrative Athletic Assistant at Bishop's College School**.

Karen Painter – 2013 One Room Schoolhouse Award winner is an **early intervention and resource teacher at Lennoxville Elementary School**.

Emily Pranglely Desormeaux – 2013 Eileen Healy Award is a Development Officer in the Advancement Office at Bishop's University.

Trisha Thomas – 2013 VTC Machining and Welder award winner is working as a **welder at Pro Par**.

Vicky Fyfe – 2013 École de Réadaptation Award winner has a successful physiotherapy practice in Chambly.

Erica Zucker – 2014 Eileen Healy Prize winner was awarded a community service award from the Golden Key International Honor Society.

Cheryl Brus Peterson – 2012-2018 Lampe-Tillotson Physician Award is practicing family medicine in Vernon, BC where she lives with her physician husband and two daughters.

Daphnée Carrier – 2015-2017 Donna Draper Scholarship winner is currently working in the long-term care facility in Weedon for the CIUSSS de l'Estrie-CHUS. She will be finishing her master's degree in health science research at the University of Sherbrooke in the next few weeks. Daphnée is currently living in Lennoxville and was recently awarded a prize from the regional order of nurses, the Prix relève régionale.

Kohl Kelso – 2015 winner of One Room School House Award has had a diverse career in education. He taught for three years in Northern Quebec before returning to the ET to teach Grade 6 at Lennoxville Elementary School. During 2021-22, he was the replacement Vice-Principal at Alexander Galt Regional High School. He then returned to the Cree School Board in the role of Pedagogical Consultant with their Complementary Services Team. In November 2022, Kohl left the CSB as he was appointed the new Cycle 2 Vice-Principal at Alexander Galt Regional High School.

Eric Bordeleau – 2016-2018 Lampe/Tillotson Physician Scholarship winner finishes his residency in June and will practice family medicine in Cookshire (office), East Angus (CHSLD) and Magog Hospital.

Kristen Branigan – 2016 Eileen Healy Prize winner is an **elementary substitute teacher at Lester B. Pearson School Board**.

Jessica Everett – 2016 winner of the One Room Schoolhouse Award is teaching grades five and six at Pope Memorial Elementary School in Bury, QC. She is currently taking on-line courses at the University of Ottawa towards a Masters in Education.

Natalie Demmon – 2017 winner of the Helen F. M. Armstrong Award is a **technician at The Segal Centre for Performing Arts** in Montreal.

Kathleen Weary – 2017 CFUW Commemorative Award winner is President and CEO, Carleton University Students Association.

Annie Gagné – 2019, 2020 Lampe/Tillotson Physician 1 Scholarship has obtained a PREM (permit to practice) in Sherbrooke. She will be located at the GMF de la Rivière beginning September 1, 2023.

Kathy Nodzynski – 2020, 2021 Lampe/Tillotson Physician Scholarship is currently finishing her first year of residency in family medicine at St. Mary's Hospital (McGill University). She was recently elected co-chief resident for the upcoming year! She plans to do a master's in public health once she has completed her second year of residency.

Masonic Lodge Wales Home Health Scholarship



Wendell Smith, Melicia Dako Zoabli, Jim Thompson

Our Scholars 2024

Award recipients are selected by the Lampe Selection Committee or by one of the Eastern Townships educational institutions. The Lampe Selection Committee is comprised of eight members who use a confidential and objective process to select each winner. The award recipients are as follows:

| Award | Award Recipient (s) |
|---|--|
| Daphne & Lorraine Codere Awards, Alexander Galt Regional High School | Junior – Ainsley Dubois Senior – Meghan Sanchez |
| Marlis Wehr History Prize | Logan Riley |
| Lampe Leadership - Richmond Regional High School | Olivia Blais |
| Lampe Leadership - Massey Vanier High School | Emma Blin-Giroux |
| Lampe Leadership – Alexander Galt Regional High School | Madison Norris Allison Morse |
| Lennoxville Vocational Centre (VTC) | |
| • Sherbrooke Hospital Foundation (SHF) Health Awards | Melanie Marie Gonon |
| Lampe-Tillotson (VTC) | Bipingane Mudyay |
| Lampe-Tillotson (Champlain Nursing) | Benjamin Fauteux |
| Ouida Ramon Moliner Science Award | Faith-Rose Haskell |
| SHF Health Awards | Melissa Coddington Masooda Safa Shoaib Shamsi Jewel Arés-Malisch Emily Vanasse Jessica Mailloux Marie Soleil Duclos Sara Marshall Maélys Patenaude |
| Donna Draper Award – SHF | Tatjana Blom Savannah Jersey Katherine Price |
| Barbara Sample Allatt Award | Netsanet Wudeneh Belay |
| Rural Opportunity Scholarship | Meaghan Patterson |

| Awards | Award Recipient(s) |
|---|--|
| Eileen Healy Leadership Prize – Bishop’s University | Sasha Kardos Machado |
| One Room Schoolhouse – Bishop’s University | Jade Bérubé Morin |
| North Hatley Village Improvement Society | Cassandra Phaneuf Claudia Yadira Ramirez |
| Diana & Jan Kuilman Memorial | Ève Lister |
| Lampe-Phelps Helps | Elizabeth Keeler Annabelle Roy Christina Young |
| Helen F. M. Armstrong in Fine Arts | Alyssa MacPherson |
| Sherbrooke Hospital Ladies Auxiliary Health Award | Camille Dugal |
| Dr. Roberta Cameron Aboriginal Awards | Ashanti Shecapio Kanahekwine Albany |
| Marlis & Sigrid Wehr Mature Student | Audrey Menard |
| Lampe Prize for Leadership – Alexander Galt | Fernando Farfan |
| Lampe-U de S École de Réadaptation | Marie Bérard Elizabeth Cloutier Alexandra Bousquet |
| Lampe-Tillotson Prix de Médecin1/Physician’s Award 1 | Julianne Cairns |
| Lampe-Tillotson Prix de Médecin 2/Physician’s Award 2 | Cynthia Couture |
| CFUW Sherbrooke & District/Lampe Commemorative Award | Frédérique Lussier |
| CFUW 100th Anniversary Indigenous Scholarship | Casey Beth Konwanoronkwa Goodleaf |
| Masonic Lodge Wales Home Health Scholarship | Melicia Doko Zoa |

Our Mentors

One of the ways the Lampe Foundation provides educational support for students and graduates is through its mentorship program. We offer award winners, present and past, the opportunity to be matched with a mentor, a person who can help them and guide them in the attainment of their career goals.

Members of the Mentoring Committee are Mary-Ellen Kirby and Randi Heatherington.

The benefits of having a mentor include:

- Networking contacts
- Tips on developing a professional image
- The opportunity to clarify career goals
- Knowledge concerning business ethics and etiquette
- Enhancement of employability
- Exposure to the workplace

The benefits of the relationship to the mentor include:

- A fulfilling way to help someone who is just starting out in their chosen profession.
- A way to give back as a bright new person embarks on the path the mentor might know something about.
- A meaningful opportunity to share their experience and knowledge gained over many years.

We have twenty-four mentors in various fields such as business, drama, education, health care, music and welding. In the past we have had eight matches and are projecting more when COVID is finished.



Krystyna Kouri is Director of Nursing at Champlain College, Lennoxville. She is a mentor for the Donna Draper Award recipients.

Allison Connelly is a mentor for Education. She received her degree from MacDonald College and has taught in elementary schools in Montreal, Rawdon, and Lennoxville. Allison is an active participant in community affairs.



Maryse Simard is a mentor for Music. She studied at Université St. Paul, Université d'Ottawa, École Vincent d'Indy and Bishop's University. Maryse is currently Organist and Choir Director at Bishop's College School as well as Music Director, Choir Director and Organist at Lennoxville United Church. In addition, she volunteers to play piano and organ for many organizations. Many young musicians have benefitted from her coaching and mentoring.



Gabrielle Newman is a mentor for Education. She obtained her M.Ed. from Bishop's University and various certificates from McGill University. She taught in North Hatley and Magog and retired in 2011.



Sandra Klinck (centre) is a mentor for Nursing. She is the Director of Care at Grace Village and teaches in the Nursing Program at Champlain College, Lennoxville.

Helen M. Armstrong Scholarship



Alyssa MacPherson, Jane Loiselle

One Room School House



Josée Rourke, Jade Bérubé Morin

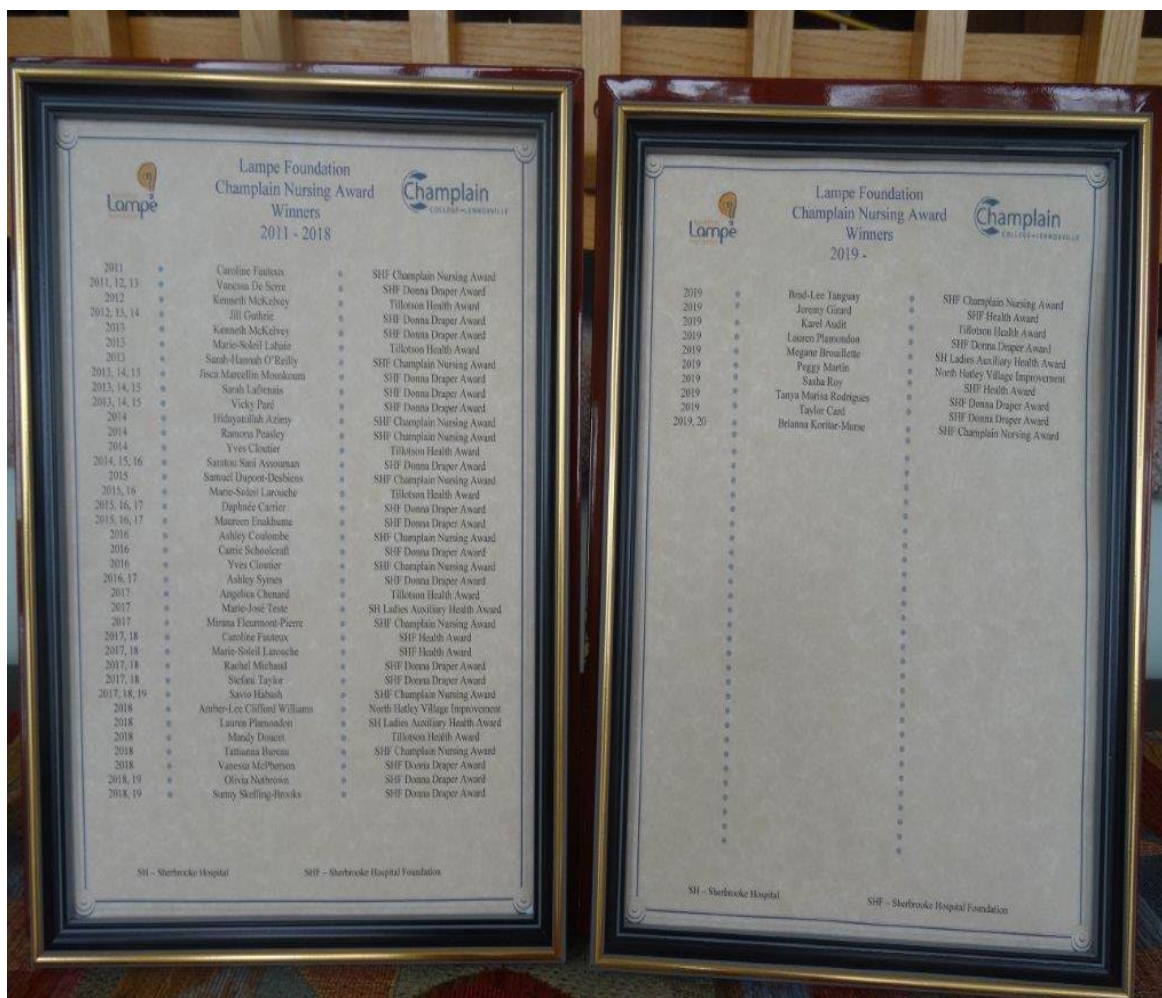
Sherbrooke Hospital Foundation Health Scholarship



Marie Soleil Duclos, Sarah Marshall, Heather Bikes, Maélys Patenaude

Champlain Nursing Awards

Since the inception of Champlain, Lennoxville Campus Nursing Programme in Fall 2010, Lampe Foundation has awarded 102 scholarships to Champlain Nursing Students. This year, we added nine more award winner for a total of 123 scholarships.



Our Gratitude

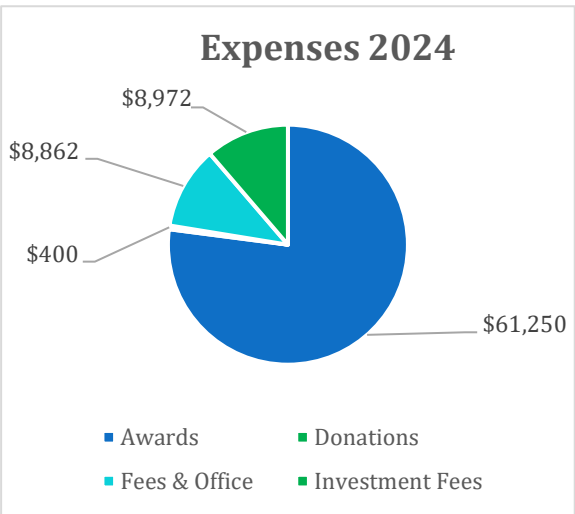
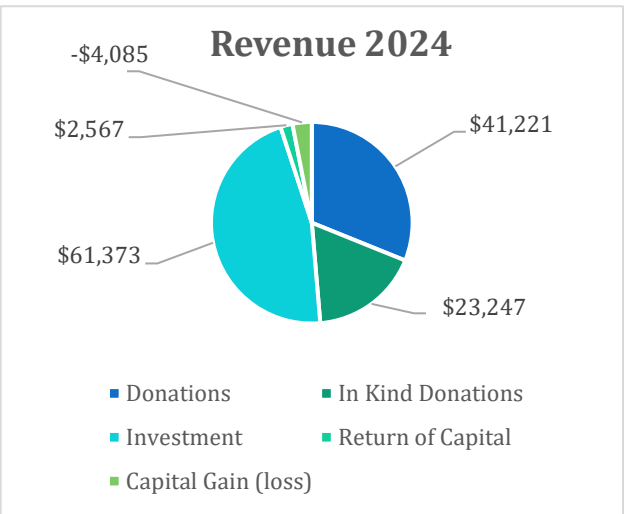
The members of the Mentoring Committee wish to express our gratitude to all health care professionals, health care workers, teachers, and school personnel for their tireless efforts. We are especially proud to support our award winners.

Our Financial Summary

Since its founding in 1993, the Lampe Foundation has increased its asset base from less than \$20,000 to \$1,118,065.

The following is a summary of our financial statements for the year ending December 31, 2024. Statements are available at www.lampefoundation.org.

| | December 31 st 2024 | December 31 st 2023 |
|----------------------------------|-----------------------------------|-----------------------------------|
| | \$ | \$ |
| Assets | | |
| Cash | 10,010.03 | 9,300.60 |
| Cash Reserve – IA Private Wealth | 26,627.70 | 3,3389.34 |
| Cash Reserve – Raymond James | 3,399.39 | 2,007.10 |
| Investments | 1,078,027.84 | 1,058,528.77 |
| | <u>1,118,064.96</u> | <u>1,073,255.81</u> |
| Capital | <u>1,118,064.96</u> | <u>1,073,255.81</u> |



Our Donors & Partners

All contributions, large and small, help to advance our mission. The Lampe Foundation thanks the following individuals for their support. This report gratefully acknowledges those who made a donation between January 1, 2024 and December 31, 2024.

The Lampe Foundation also gratefully acknowledges the financial support of our partners who help make several of our awards possible.

| | | | |
|----------------|-------------------|----------------------|-----------------------------|
| K. Adams | G. Huff | S. Priest | Roy Bowman Foundation |
| J. Angrave | C. Jones | D. Rancourt | 916089 Canada Inc. |
| L. Bell | J. Keeley | L. Reula Sheard | Townshippers Association |
| E.J. Bougie | J. Keenan | M. Rhodes | Ottawa Community Foundation |
| D. Bowman | D. Keet Moffat | R. Robinson | CanadaHelps (14) |
| H. Bowman | H. Keith | M-L. Ross | Champlain Regional College |
| H. Brodie | J. Kingsley | J. Rourke | Sol de Canton |
| R. Butler | M.E. Kirby | J. Saint-Pierre | |
| W.S. Butler | C. Knowlton | E. Scheib | |
| L. Chacra | K. Kouri | S. Slater | |
| L. Chartier | M. Labbé | M. Stiffel | |
| E. Churcher | P. Langford | B. Taber Smith | |
| A Connelly | P. Lemieux | J. Tanton | |
| S. Conway | B. Lepine | M. Tessier | |
| P. Corcoran | J. Loiselle | M. Trousdell | |
| C. Cotton | J. Lore | I. Valasquez Perrier | |
| J. Cowan Weber | A. & P. Losier | G & J. Warren | |
| J. Crook | F. Macleod | J. Watson | |
| M. Cutting | S. McConnachie | D. West | |
| L. Dery Capes | C. & D. McCormack | J. Wilson | |
| C. Donnelly | G. McGurk | J. Wilson Herring | |
| W. Durrant | A. McVittie | M. Woollerton | |
| M. Fitzsimmons | C.A. Milne | | |
| P. Gagné | C. Mooney | | |
| D. Haywood | J. Perry-Gore | | |
| J. Hopps | D. Prah | | |

Our Partners

- Alumni Association Sherbrooke Hospital School of Nurses
- CFUW, Sherbrooke & District
- Golden Rule Chapter #1 of Royal Arch Masons
- Masonic Lodge Wales Home
- Phelps Helps
- Tillotson Coaticook Region Fund
- Townshippers Research & Cultural Foundation
- Université de Sherbrooke, Faculty of Medicine & Health Sciences

SHF Award



Jessica Mailloux, Dre. Krystyna Kouri

CFUW Sherbrooke & District Commemorative Scholarship



**Ann Louise Carson, Frédérique Lussier,
Heather Bowman**

Our Volunteers

Volunteers are the heart and soul of the Lampe Foundation. From its beginning, the Lampe Foundation has relied on a cadre of volunteers to provide direction, strategy, selection, mentoring, marketing and promotion as well as a variety of administrative duties. The ability of people to work willingly together for the betterment of their community is truly a priceless resource. Had our volunteers been paid according to their skills, their hours, if billed, would be in excess of \$100,000.

Carol Mooney
Heather Bowman
Allison Connelly
Wendy Durrant
Randi Heatherington
Judy Hopps
Mary Ellen Kirby
Sandra Klinck
Mary Labbé
Sharon Priest
Krystyna Kouri

Katie Lowry
Gabrielle Newman
Karen Painter
Mary Rhodes
Bev Taber Smith
Maryse Simard
Rosemary Turmel
Randi Heatherington
Linda Schachtler
Marie Trousdell

Rural Opportunity Scholarship



Meaghan Patterson, Jackie Loughheed

Ouida Ramon-Moliner Science Award



Faith-Rose Haskell, Carmen Moliner

Our Governors

Board of Directors

Heather Bowman, President

Heather has been involved in the Health Care system for over 40 years. She has been President of Townshippers' Association and of CFUW, Sherbrooke & District.

Sharon Priest, Vice-President

Sharon has been involved in the school system for many years, first as a parent volunteer in her sons' schools, as a school board commissioner and recently retired as the communications consultant for the Eastern Townships School Board.

Mary Labbé, Treasurer

Mary has been Treasurer of Lampe since 2009. After a successful career in Human Resources management in the Montreal area, Mary has returned to her hometown of Ayer's Cliff and now enjoys adventure travel and golfing.

Marie Trousdell, Secretary

is a certified health executive who has worked in the health care field for over 45 years. Since her retirement in 2012 she has been working part-time as a consultant with Accreditation Canada International. Marie is on the Board of Directors of the Foundation of the Musée des beaux arts de Sherbrooke.

Foundation Review Council

Heather Bowman – Heather was Director of the CSSS-IUGS Foundation and is committed to the community as a volunteer. Director of Townshippers' Association Board of Directors, Involved with Regional Table for services to the elderly, interested in politics and the arts. She has volunteered with Lampe since 2009.

Wendy Durrant – A member of the Corporation of Professional Librarians of Quebec since 1972, Wendy retired from Bishop's University Librarian duties in 2004. Wendy is on the Board of the Lennoxville Ascot Historical and Museum Society and is Past Chair of the Lampe Mentoring Committee since 2009.

Randi Heatherington – Randi is professor of Special Care Counselling and Advisor for Aboriginal Services at Champlain College Lennoxville. She is an active member of several Administrative Boards including Carrefour Jeunesse Emplois du Haut St. François, St. Paul's Rest Home of Bury. Randi's hobbies include wildlife photography and painting with watercolor.

Judy Hopps – Judy brings more than 30 years of experience in the field of philanthropy working with a variety of non-profit organizations in institutional advancement, major gift fundraising, corporate communications and donor relations. She is also President, Memphremagog Nature Foundation.

Mary Ellen Kirby – Married for 38 years, mother of 4, grandmother of 8, sheep farmer, passionate gardener, ETSB commissioner for Ward 11 (Sawyerville, Cookshire, Bury area) for past 5 years. Mary Ellen loves to do workshops/presentations on aspects of agriculture especially for children. She is also a scrapbooker, folk art painter, crafter and enjoys being generally involved in her community.

Mary Labbé – Upon retirement, Mary returned to her hometown of Ayer's Cliff and now enjoys golf and adventure travel. She has held the post of Treasurer since 2009.

Katie Lowry -- Katie has been an educator in 3 continents over the better part of the last 2 decades. Upon her return to Eastern Townships in 2012, Katie helped launch Phelps Helps, a non-profit organization providing career and educational support to youth in the Stanstead area where she continues to work as executive director. She enjoys taking in the beauty of the Townships while hiking or swimming with her husband and young daughter and son.

Carol Mooney – As a retired educator, Carol now volunteers in local community organizations. Currently, she is on the Board of the Massawippi Valley Foundation. She is a former president of CFUW, Sherbrooke & District. Carol organizes walking groups and participates in golf, bike-riding and gardening.

Sharon Priest – A graduate of Bishop's University, Sharon and her husband raised their family in Lennoxville where they lived for 23 years. Sharon has been involved in the school system for many years, first as a parent volunteer in her sons' schools, as a school board commissioner and the communications consultant for the Eastern Townships School Board. Sharon retired from the ETSB in 2021 and now enjoys travel with her husband and her work with Lampe.

Linda Schachtler – joined the Lampe Foundation in 2021 after moving to the Eastern Townships following her retirement. She spent half of her career as an administrator in secondary and post-secondary academic institutions. Switching sectors to Health and Social Services, as Executive Director of Maison Elizabeth House, Linda led the organization to an accreditation with honorable mention; started the Elizabeth House Foundation; and advocated for affordable housing for young mothers, seniors, physically disabled, low income and single families. Linda enjoys quilting, gardening and working with youth.

Marie Trousdell - is a certified health executive who has worked in the health care field for over 45 years. Since her retirement in 2012 she has been working part-time as a consultant with Accreditation Canada International. Marie is on the Board of Directors of the Foundation of the Musée des beaux arts de Sherbrooke.

Our Committees

Finance

Mary Labbé (Chair)
Heather Bowman
Judy Hopps
Carol Mooney (Secretary)
Sharon Priest
Marie Trousdell

Mentoring

Mary-Ellen Kirby
Randi Heatherington

Selection

Heather Bowman (Chair)
Allison Connelly
Wendy Durrant
Randi Heatherington
Mary Labbé
Carol Mooney
Sharon Priest

Scholarships & Criteria

Heather Bowman (Chair)
Carol Mooney
Judy Hopps
Randi Heatherington
Sharon Priest

Marketing/Communications

Sharon Priest (Chair)
Heather Bowman
Judy Hopps
Katie Lowry
Carol Mooney

Governance

Heather Bowman
Katie Lowry
Carol Mooney
Linda Schachtler

CFUW 100th Anniversary Indigenous Scholarship



Casey Goodleaf, Vicky Boldo

Lampe-Phelps Helps Award



Elizabeth Keeler, Sarah MacNeil

Lampe/Tillotson Physician I & II



**Julianne Cairns, Marie Trousdell, Cynthia Coutu,
Heather Bowman**



Spring 2024 Award Winners



Fall 2024 Award Winners



Lampe Foundation

1760, ch. D'Ayer's Cliff

Ste-Catherine-de-Hatley, QC

J0B 1W0

www.lampefoundation.org

Charitable Registration Number: BN892912965R0001
